


PATTERN UL-JI (*UL-JI TUL*)

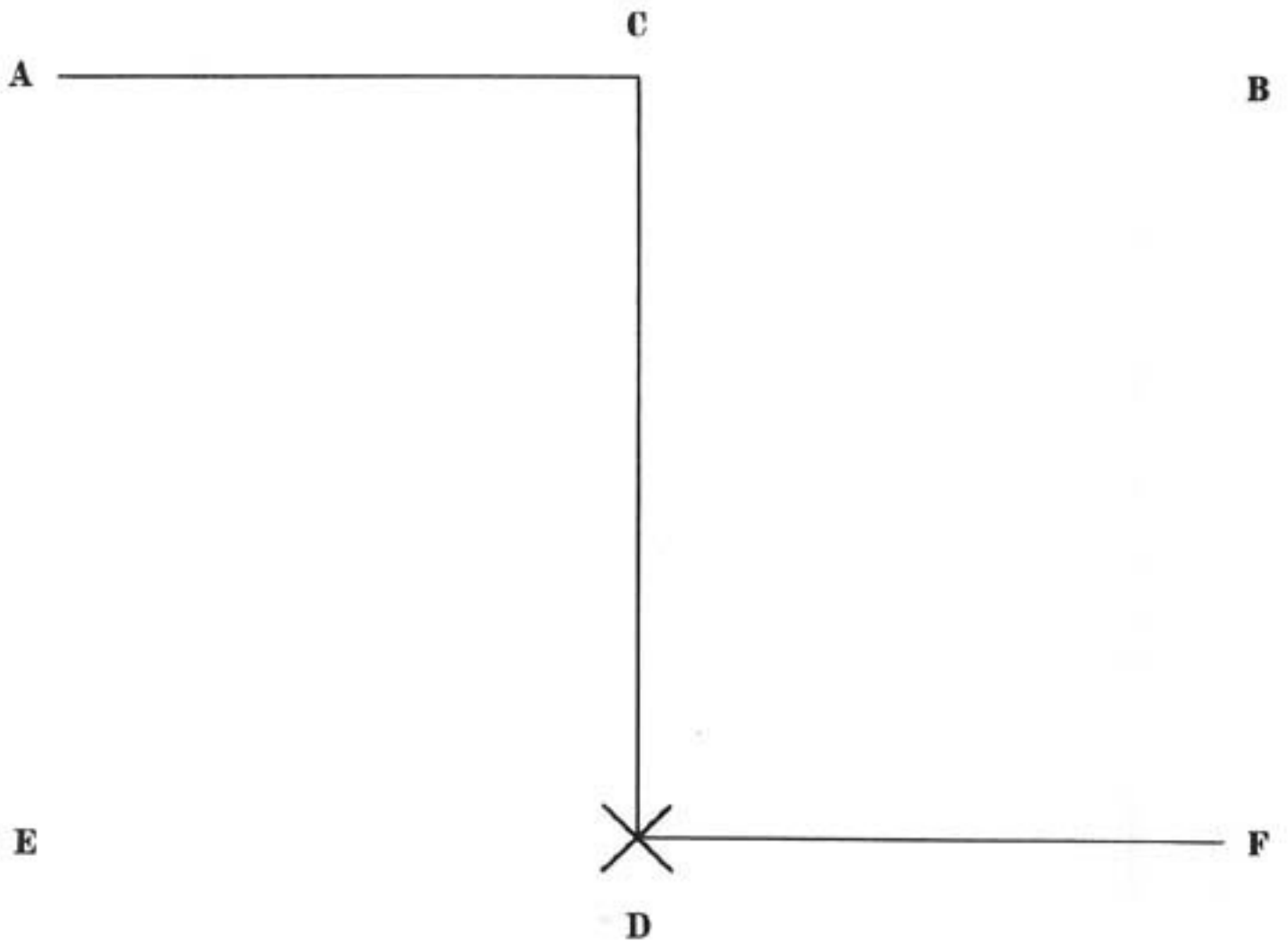
This pattern is practised by the 4th degree and above.

DIAGRAM: 

MOVEMENTS: 42

READY POSTURE: SEE THE PICTURE.

DIAGRAM (*Yon Moo Son*)



Ready Posture (*Junbi Jase*)



Parallel stance toward D.

1. Move the left foot to C, forming a right walking stance toward D while executing a horizontal strike with both side fists.



Right walking stance toward D with a twin side fist horizontal strike.

Previous Posture

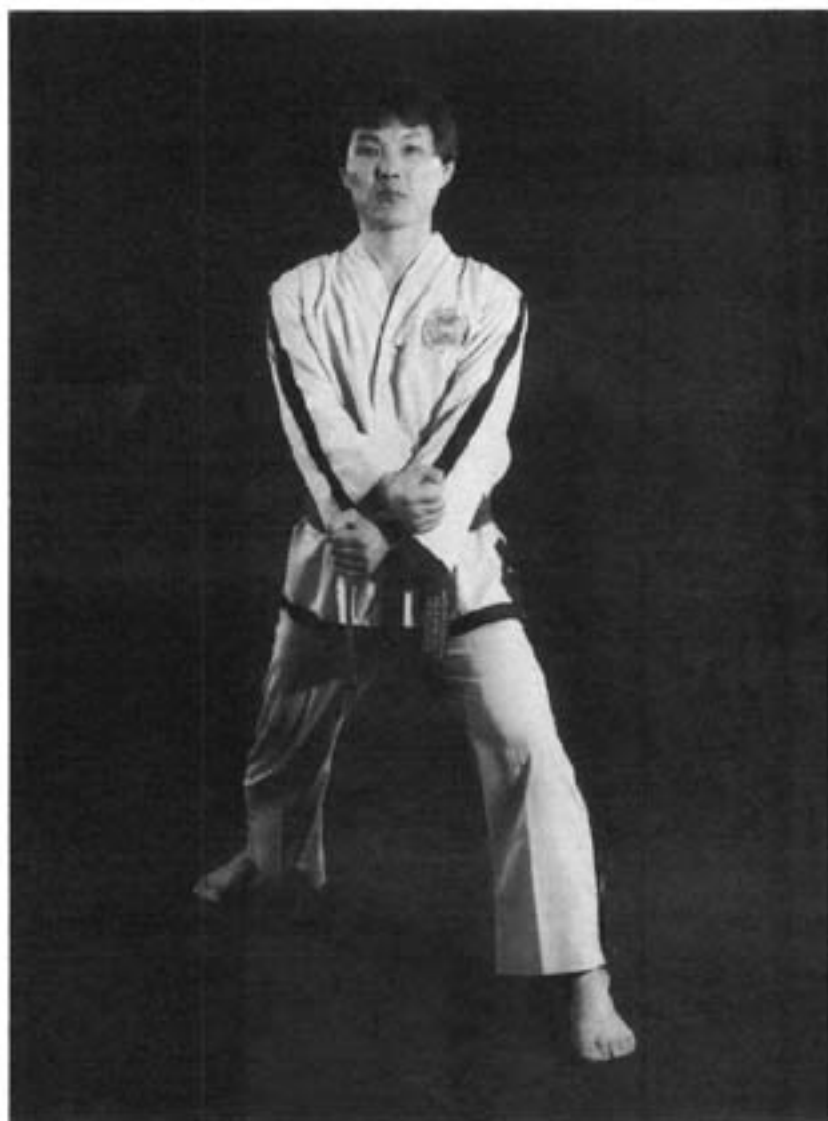


Application



Side View

2. Move the right foot to C to form a left walking stance toward D while executing a pressing block with an X-fist.



Left walking stance toward D with an X-fist pressing block.



Application

Previous Posture



Side View



Side View

- 3. Execute a rising block with an X-knife-hand while maintaining a left walking stance toward D. Perform 2 and 3 in a continuous motion.**



Left walking stance toward D with an X-knife-hand rising block.

Previous Posture



Application



Keep the right heel slightly off the ground.

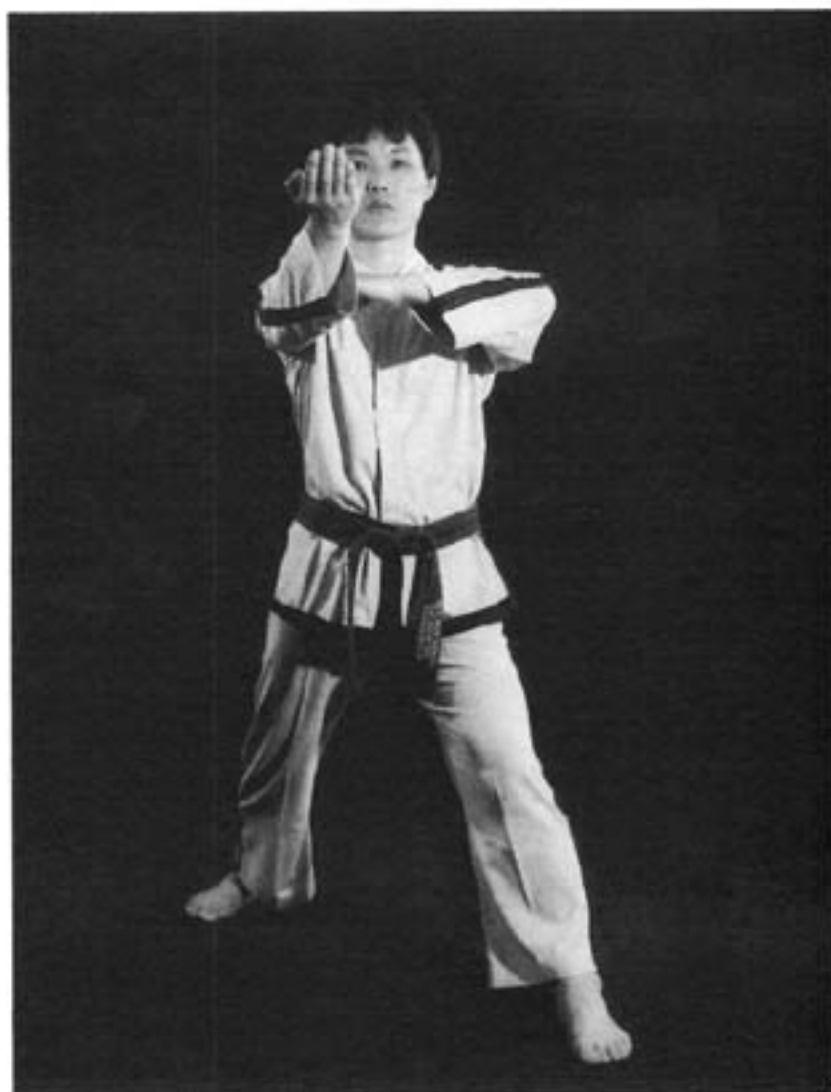


Side View



Side View

4. Execute a high front strike to D with the right knife-hand bringing the left palm on the right elbow joint while maintaining a left walking stance toward D.



Left walking stance high front strike
with the right knife-hand toward D.



Previous Posture

Keep the right heel slightly off the ground.



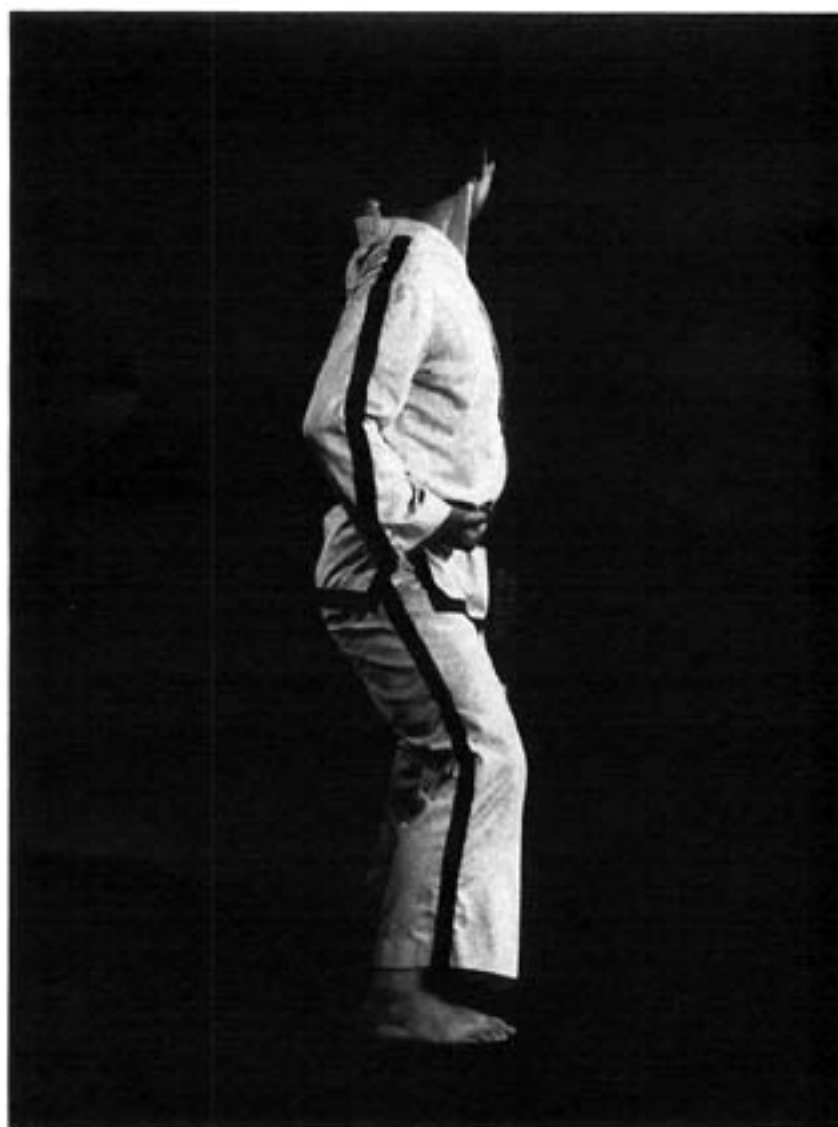
Side View



Application



5. Move the left foot to C to form a sitting stance toward B while executing a middle side strike to C with the left back hand.



Sitting stance toward B with a left back hand middle side strike to C.

Application

Previous Posture

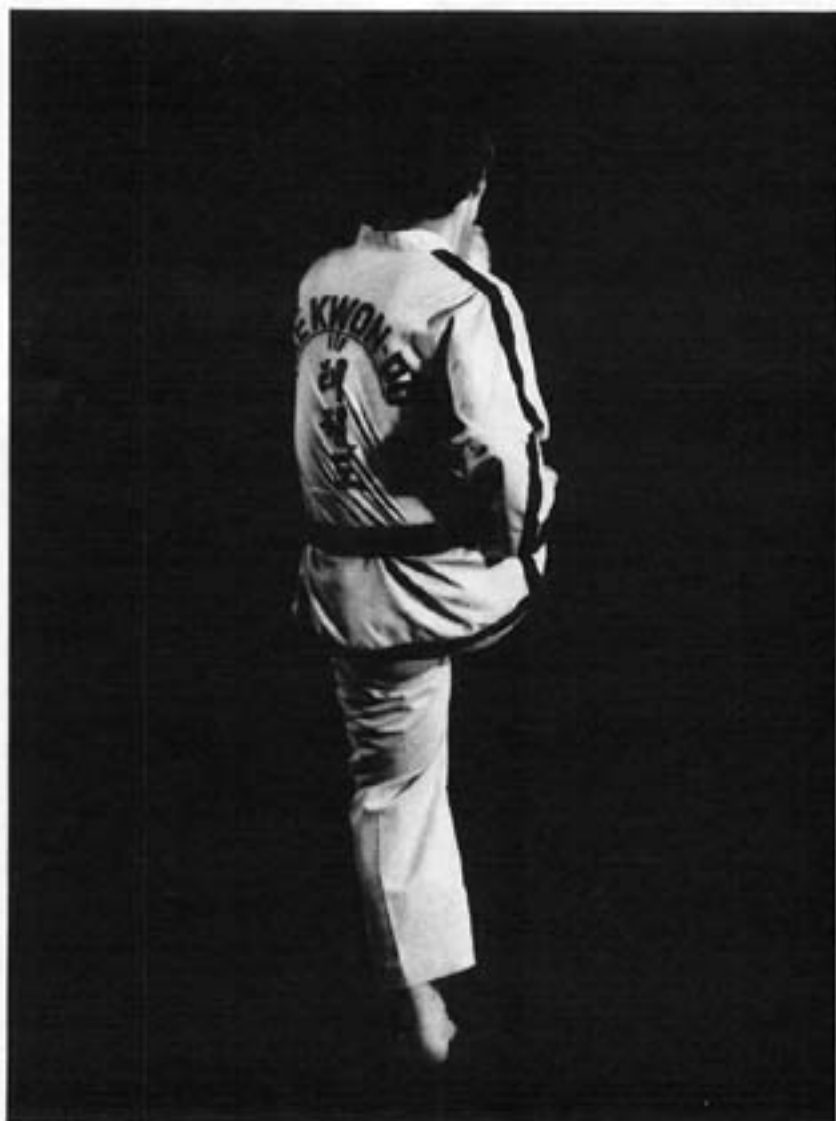


Side View



Side View

6. Execute a middle crescent kick to the left palm with the right foot.



Middle crescent kick to C with the right foot.



Application

Previous Posture



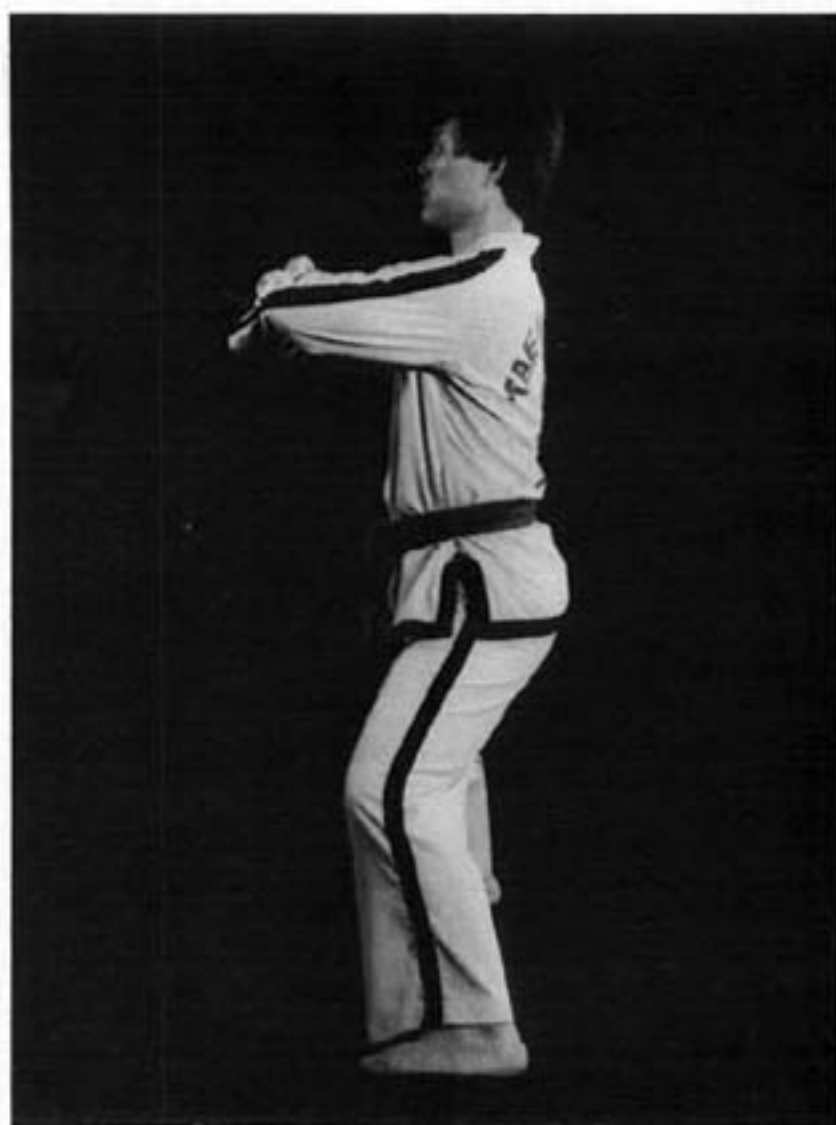
Side View



Side View



7. Lower the right foot to C, forming a sitting stance toward A while striking the left palm with the right front elbow.



Sitting stance right front elbow strike toward A.

Previous Posture



Application



Front View



8. Thrust to B with the left back elbow placing the right side fist on the left fist while maintaining a sitting stance toward A.



Sitting stance toward A with a left back elbow thrust to B.

Application

Previous Posture



Raise the body slightly.



Front View



Front View

9. Execute a side back strike to B with the right back fist and extending the left arm to the side-downward while maintaining a sitting stance toward A.



Sitting stance toward A with a right back fist high side strike to B.

Application

Previous Posture



Raise the body slightly.



Front View



Front View

10. Bring the left foot to the right foot, forming a close stance toward D, at the same time thrusting with a twin side elbow thrust.



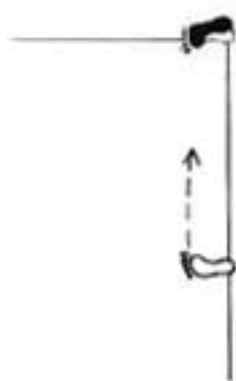
Close stance toward D with a twin side elbow thrust.



Previous Posture



Side View



Keep both back fists faced to the front.

- 11. Cross the left foot over the right foot, forming a right X-stance toward D while turning the face to A, keeping the position of the hands as they were in 10. Perform in a fast motion.**



Right X-stance toward D with the face turned to A.

Application



Side View



Previous Posture



Previous Posture



12. Execute a middle side piercing kick to A with the right foot keeping the position of the hands as they were in 11.



Middle side piercing kick to A with the right foot.



Application



Previous Posture



13. Lower the right foot to A, and then cross the left foot over the right foot, forming a right X-stance toward D while thrusting with a twin horizontal elbow.



Right X-stance toward D with a twin horizontal elbow thrust.

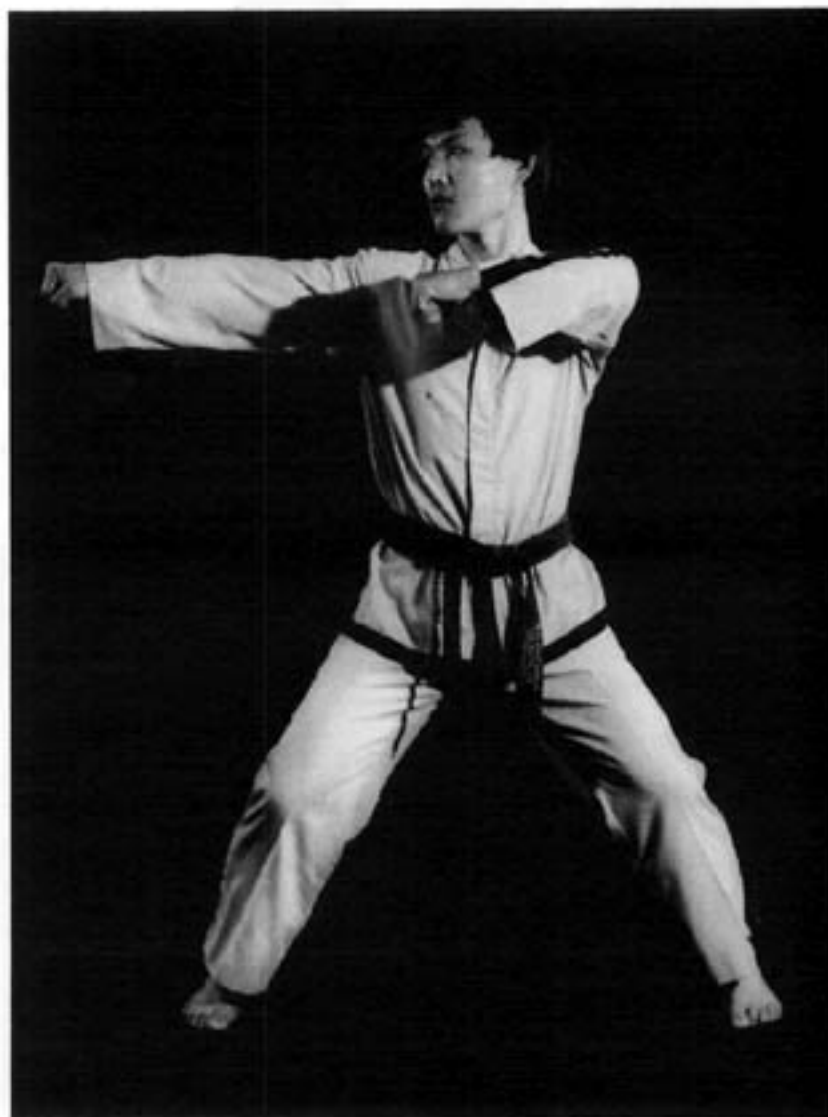


Application



Keep the right heel slightly off the ground.

14. Move the right foot to **A** to form the sitting stance toward **D** while executing the right horizontal punch to **A**.



Sitting stance toward **D** with a right horizontal punch to **A**.



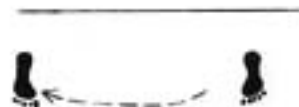
Application



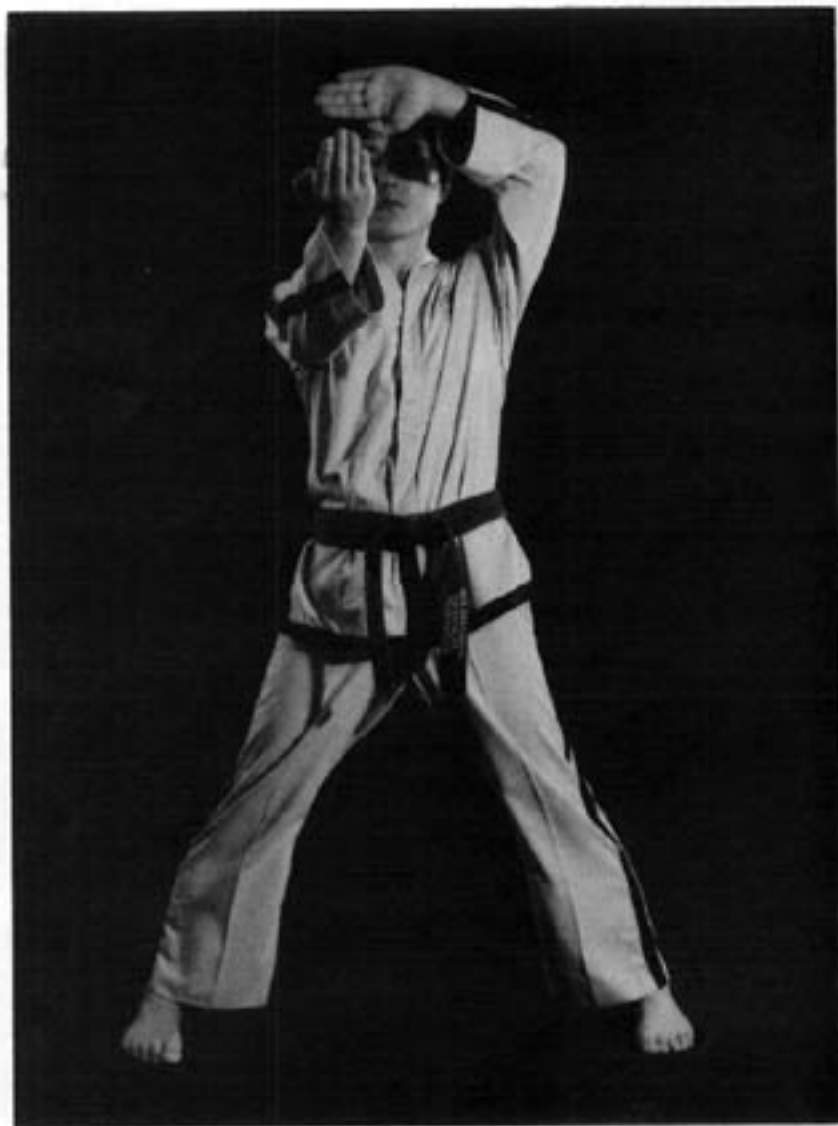
Top View



Previous Posture



15. Execute a high front strike to D with the right knife-hand, bringing the left back hand in front of the forehead while standing up toward D.



Right knife-hand high front strike while standing up toward D.

Application



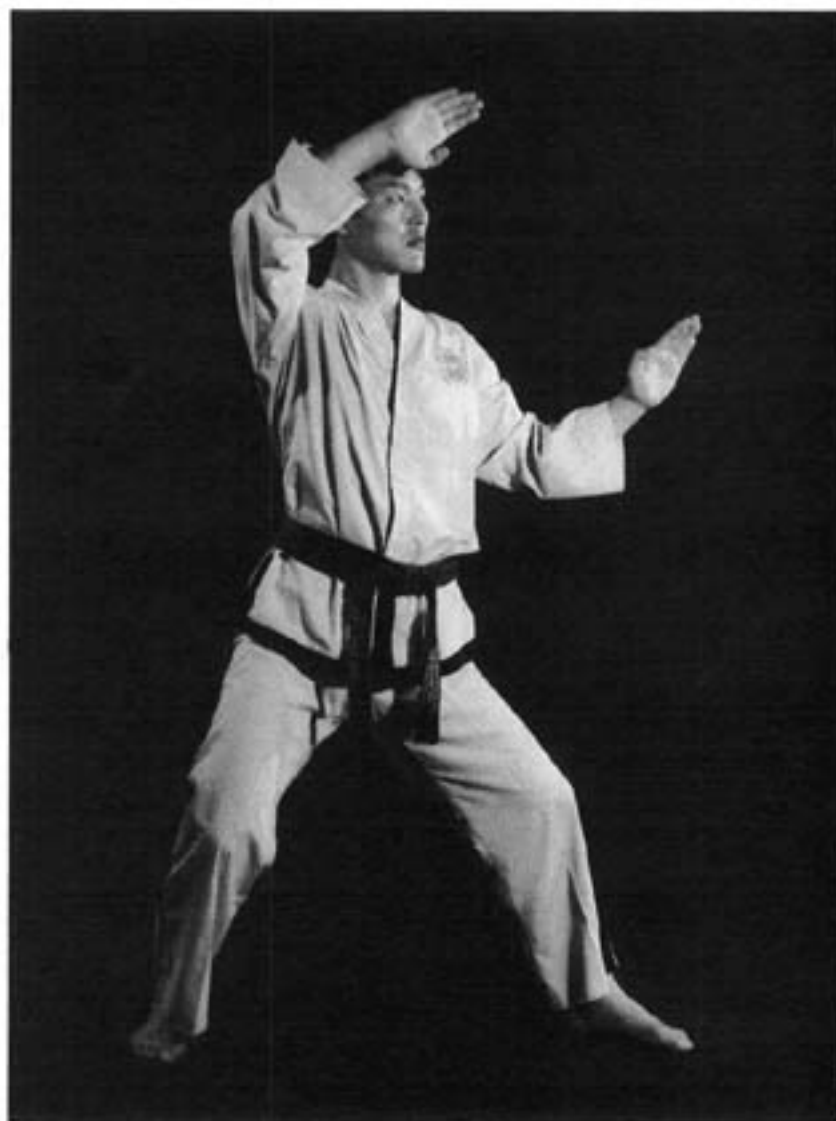
Side View



Previous Posture

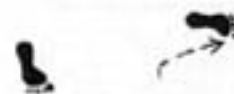
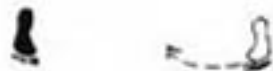


- 16. Execute a twin knife-hand block to B while forming a right L-stance toward B, pivoting with the right foot.**



Right L-stance twin knife-hand block toward B.

Previous Posture



Application

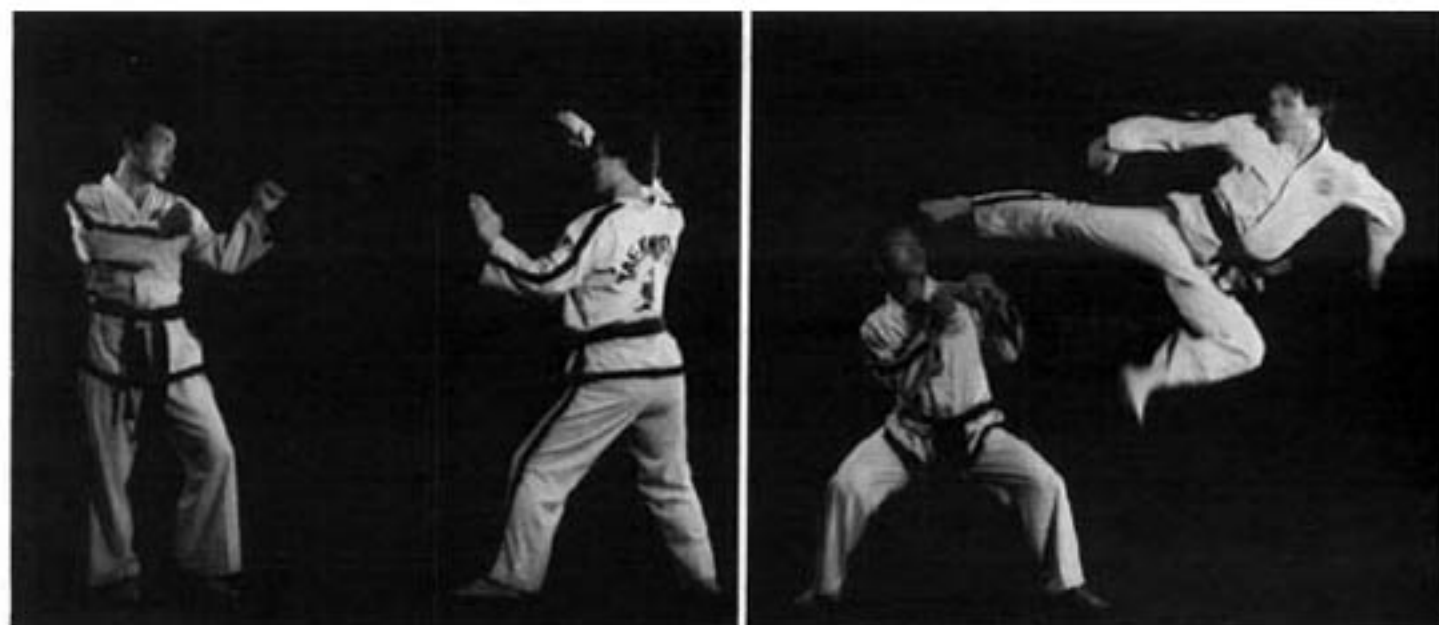


17. Jump to execute a mid-air kick to B with the right foot while spinning clockwise.



Mid-air kick (180 degrees) to B with the right foot.

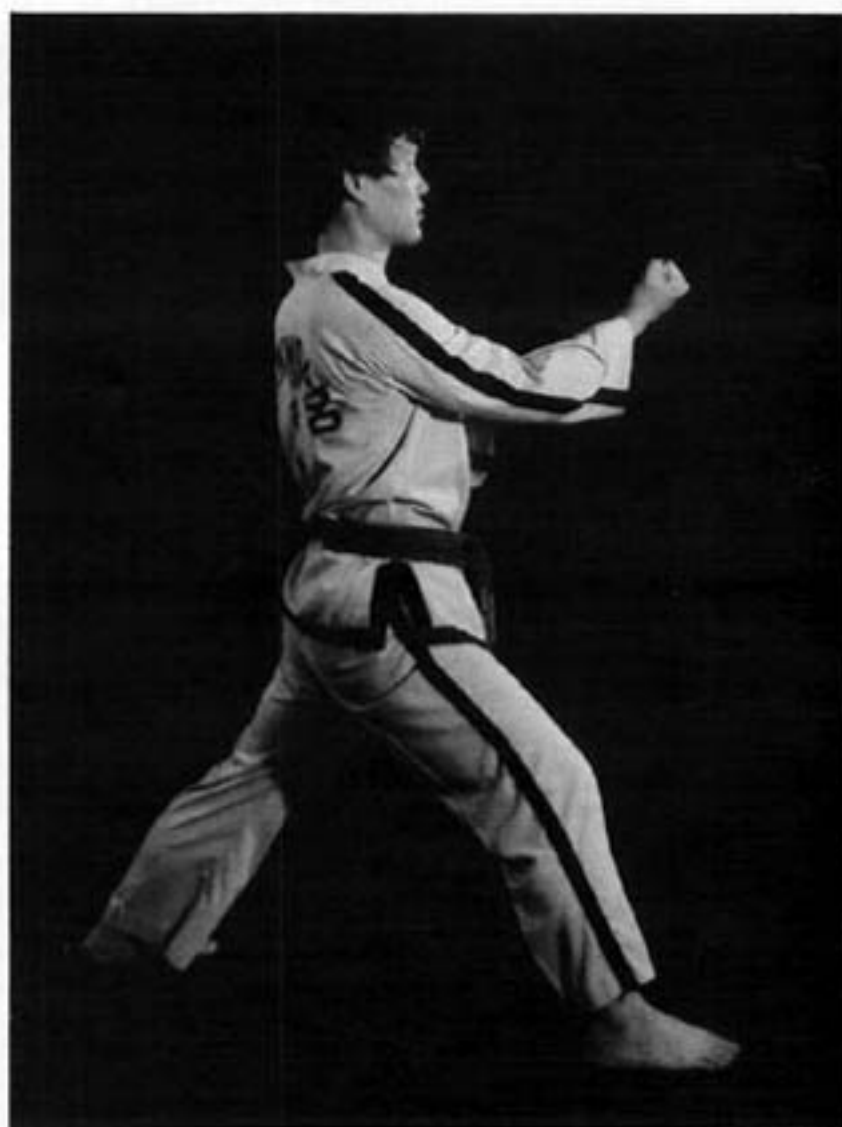
Application



Previous Posture



18. Land to B, forming a right walking stance toward B while executing a middle block to B with the right double forearm.



Right walking stance middle block with the right double forearm toward B.

Other View



Previous Posture



Application

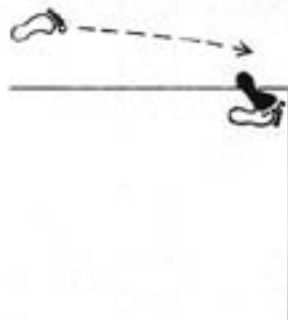
19. Bring the left foot to the right foot to form a close ready stance B toward D.



Close ready stance B toward D.



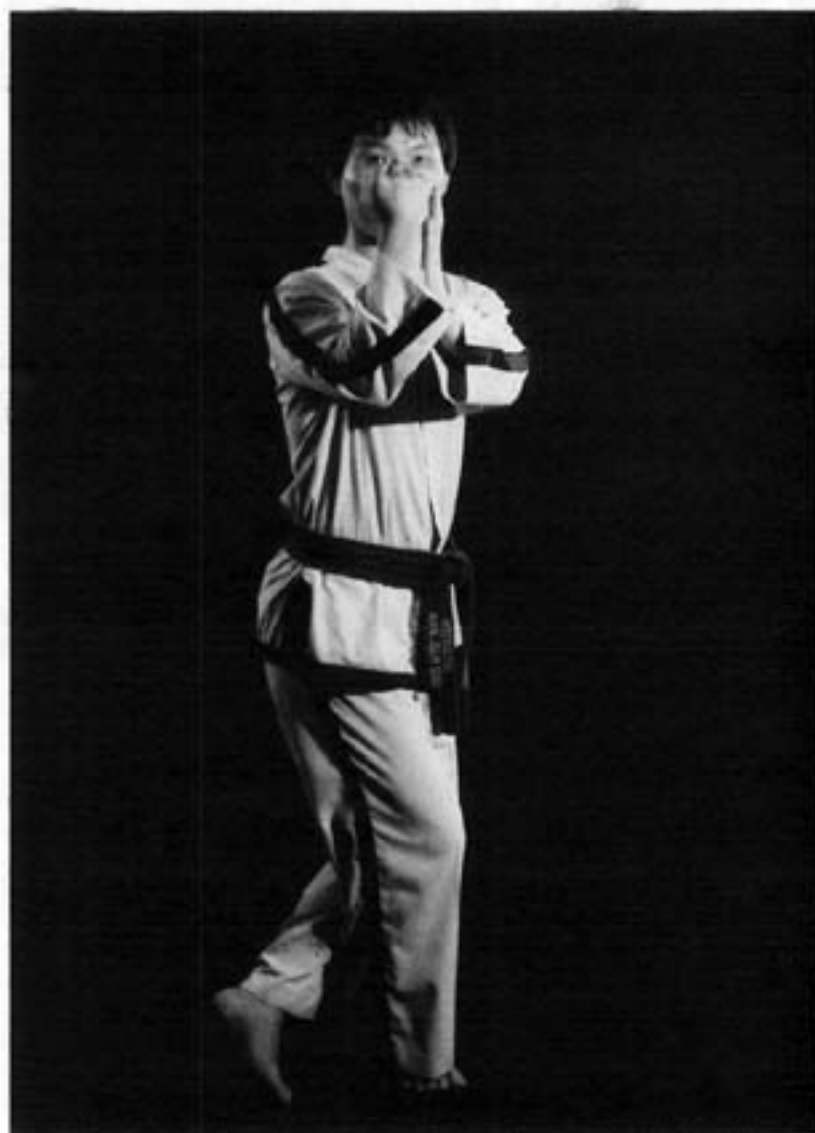
Previous Posture



Application



20. Jump to D, forming a right X-stance toward BD while executing a high side strike to D with the right back fist, bringing the left finger belly to the right side fist.

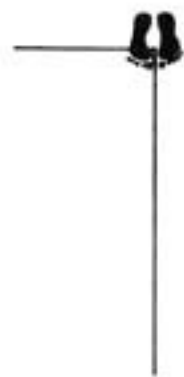


Right X-stance toward BD with a right back fist high side strike to D.

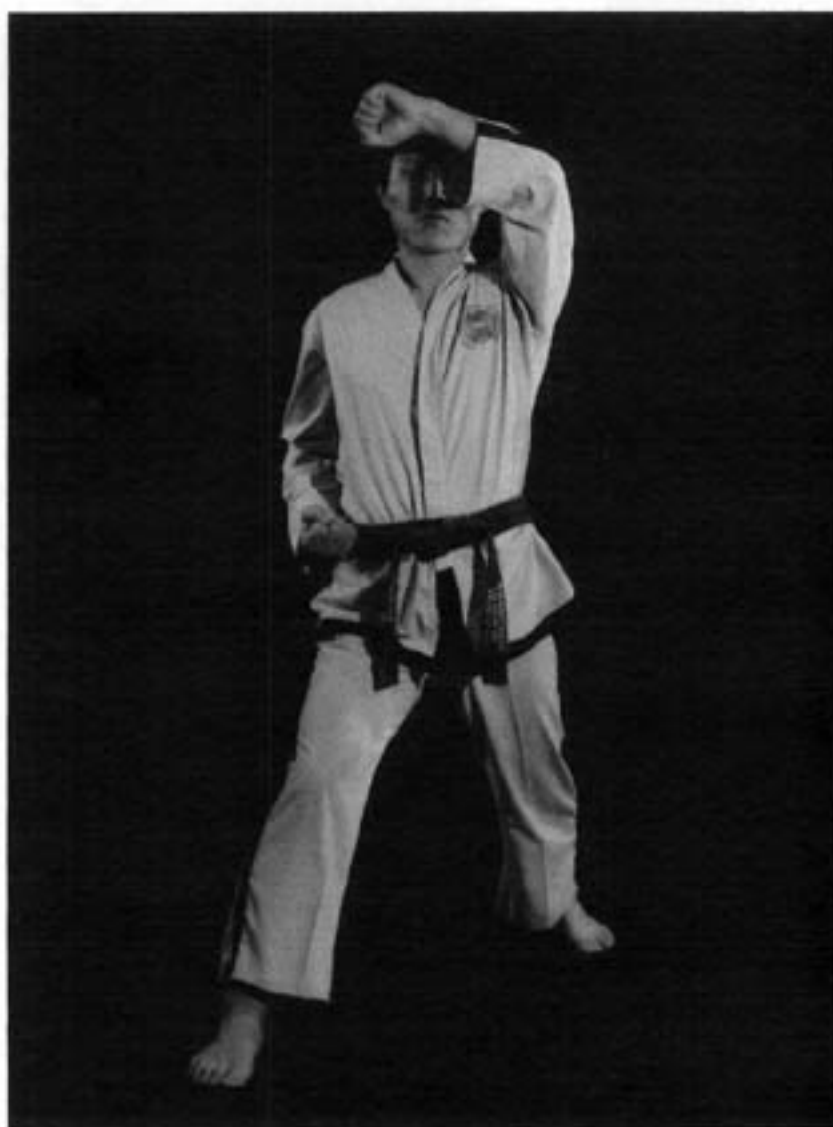
Application



Side View



21. Move the left foot to C to form a right walking stance toward D while executing a rising block to D with the left forearm.



Right walking stance rising block with the left forearm toward D.

Previous Posture



Application



Side View



22. Execute a middle front snap kick to D with the left foot, keeping the position of the hands as they were in 21.



Middle front snap kick to D
with the left foot.

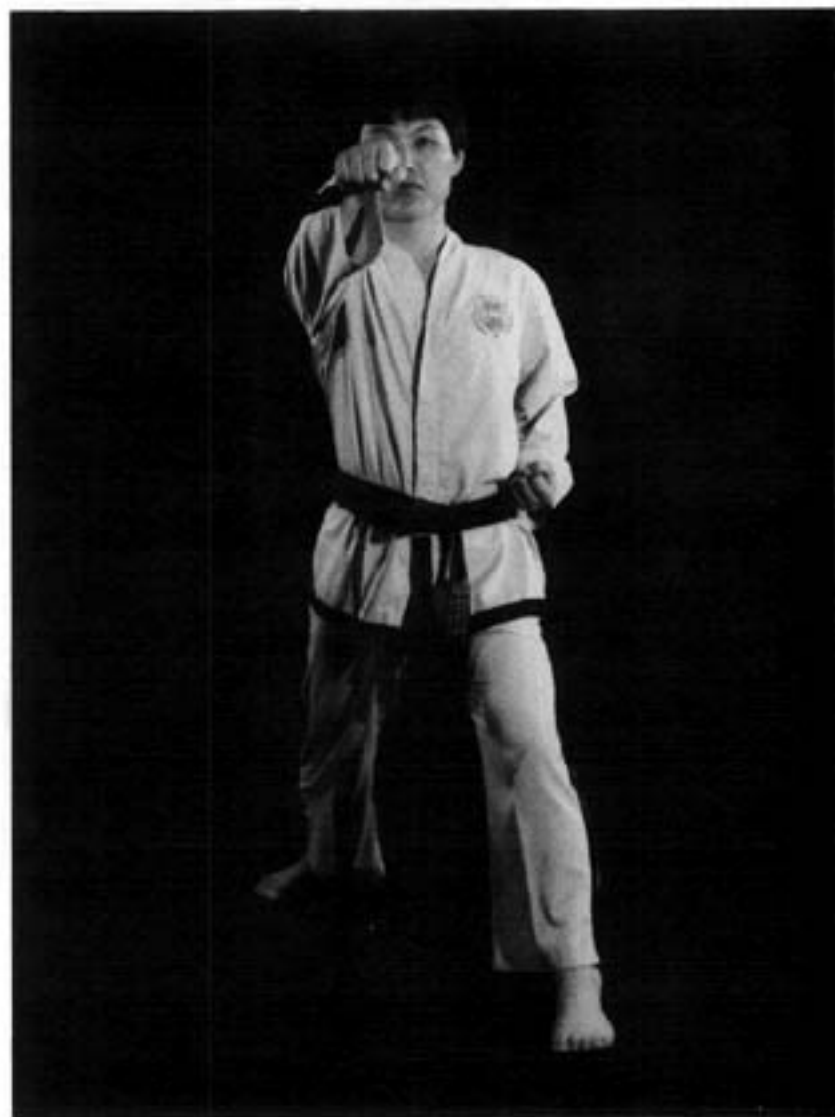
Previous Posture



Side View



- 23. Lower the left foot to D, forming a left walking stance toward D while executing a high punch to D with the right fist.**



**Left walking stance high punch
with the right fist toward D.**

Previous Posture



Side View



24. Move the right foot to D to form a right walking stance toward D while executing a middle thrust to D with the right straight fingertip.



Right walking stance middle thrust with the right straight fingertip toward D.

Previous Posture



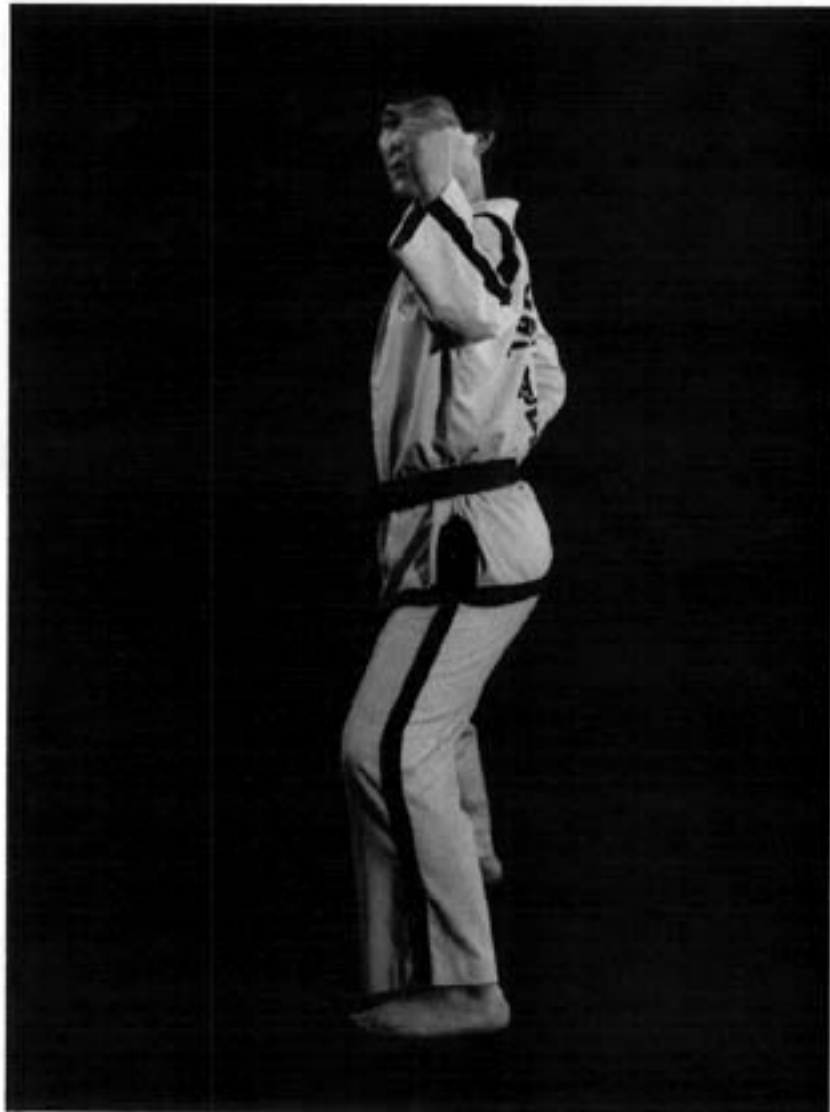
Application



Side View



- 25. Move the left foot to D, turning counter-clockwise to form a sitting stance toward A while executing a high side strike to D with the left back fist.**



Sitting stance toward A with a left back fist high side strike to D.

Previous Posture

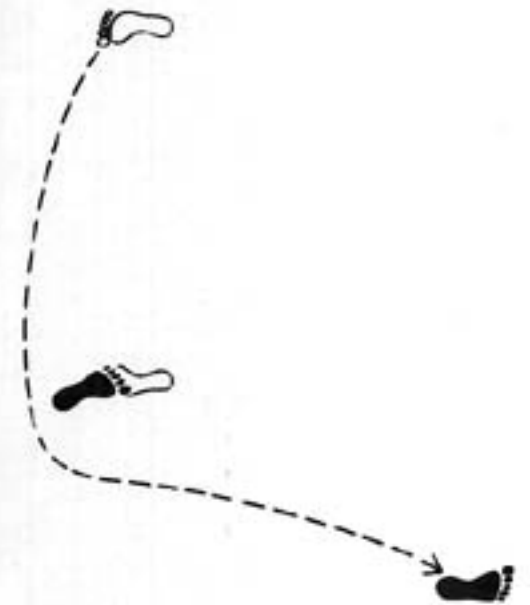
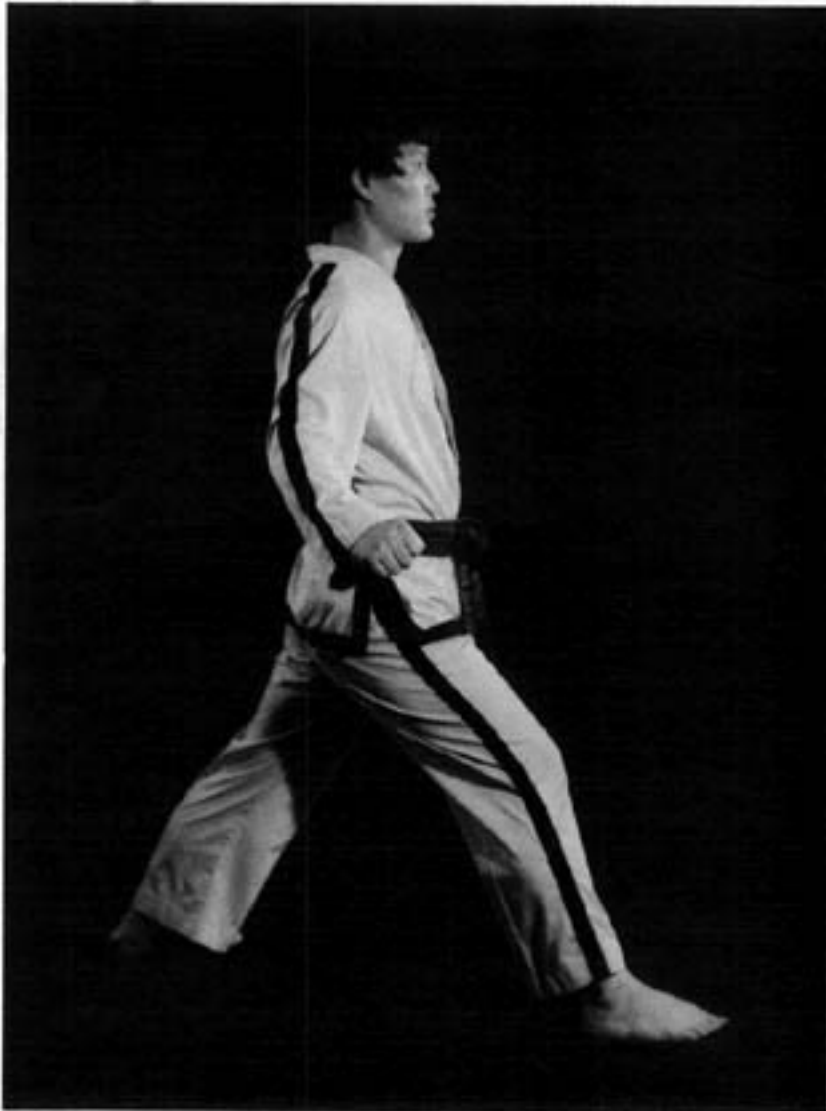


Application



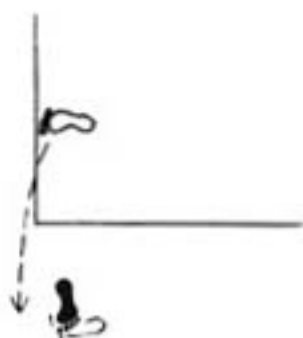
Side View

26. Move the right foot to F, turning counter-clockwise to form a right walking ready stance toward F.



Right walking ready stance toward F.

Previous Posture



Front View



27. Jump to execute a flying high kick to F with the right foot.



Flying high kick to F with the right foot.

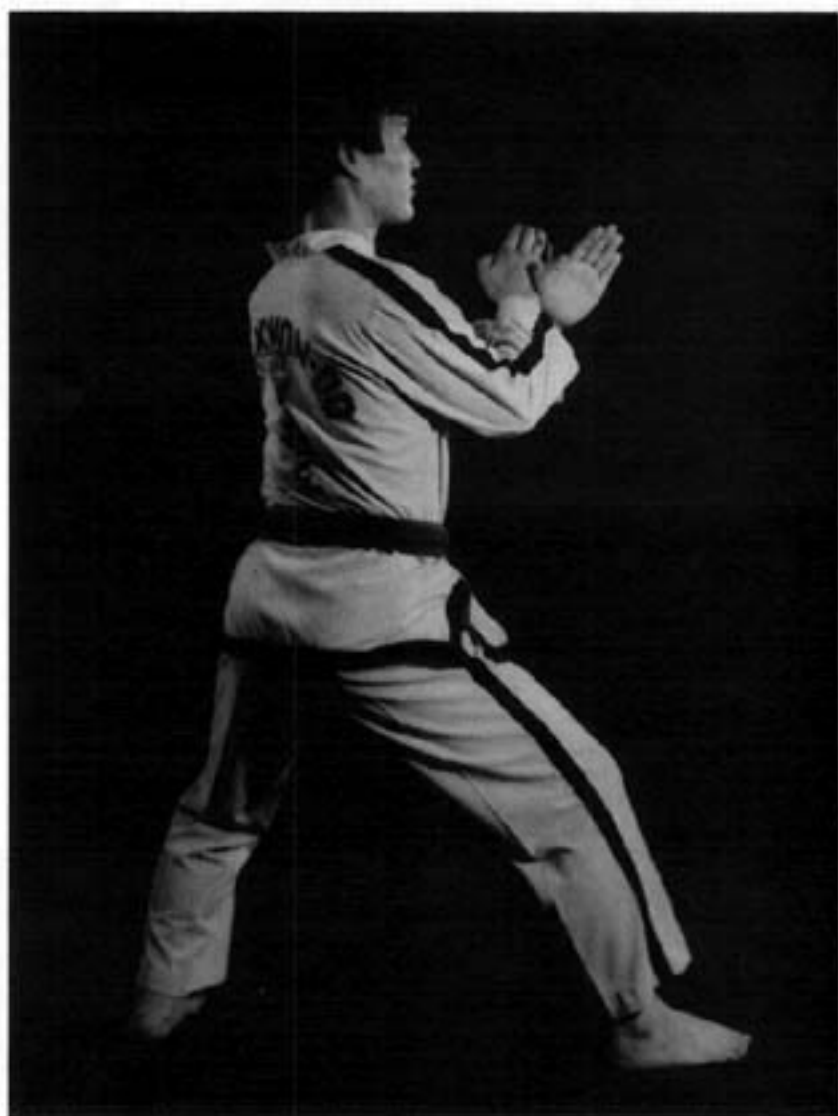
Previous Posture



Application

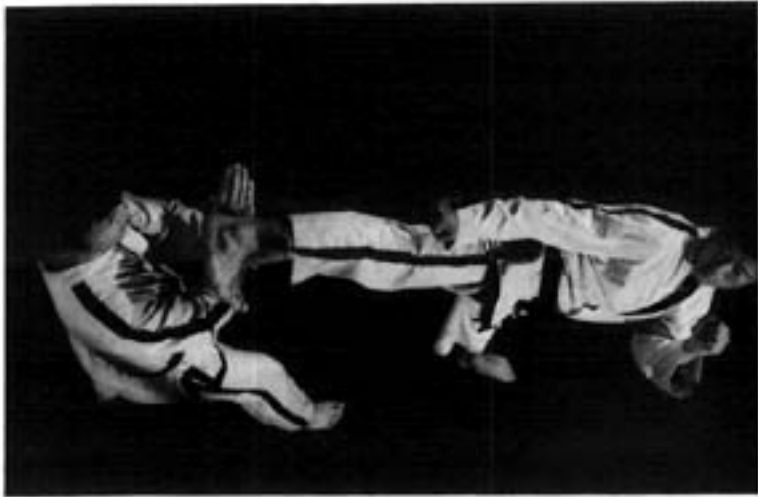


28. Land to F to form a right fixed stance toward F while executing a middle block to F with an X-knife-hand.



**Right fixed stance X-knife-hand
middle block toward F.**

Application



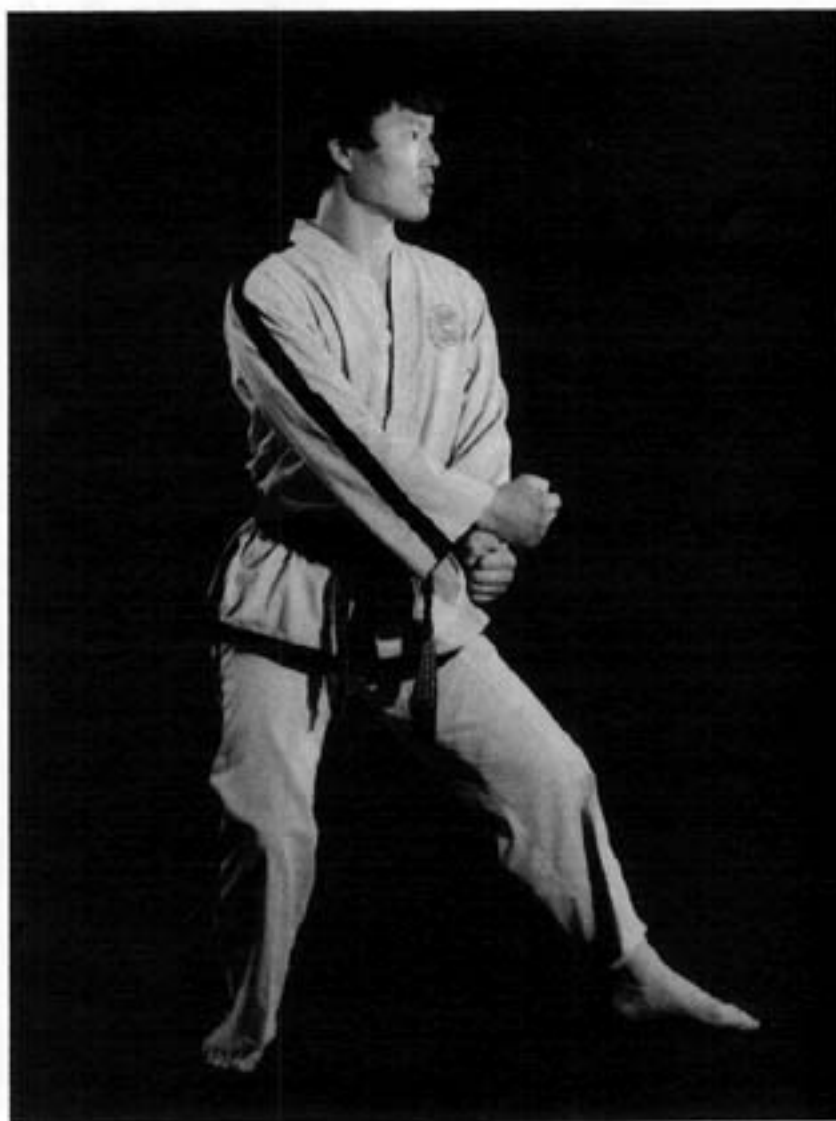
Front View



Previous Posture



29. Move the left foot to **F**, forming a right **L-stance** toward **D** while executing a pressing block to **F** with an **X-fist**.



Right L-stance toward **F** with an X-fist pressing block.



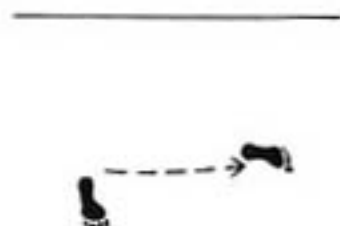
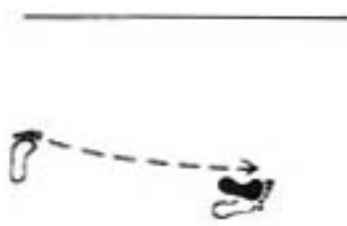
Application



Front View



Previous Posture



30. Execute a middle side front snap kick to F with the left foot while executing a middle wedging block with the inner forearm.



Inner forearm middle wedging block with a left foot middle side front snap kick to F.

Front View



Previous Posture



Application

- 31. Lower the left foot to F, forming a left walking stance toward F, while executing a high vertical punch to F with a twin fist.**



**Left walking stance twin fist
high vertical punch toward F.**



Front View



Previous Posture



32. Move the right foot to F, to form a right fixed stance toward F while executing a high side block with the right knife-hand and a middle pushing block with the left palm.



Right fixed stance with a right knife-hand high block and a left palm pushing block toward F.



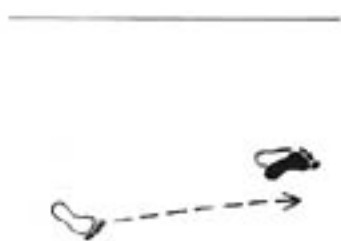
Application



Front View



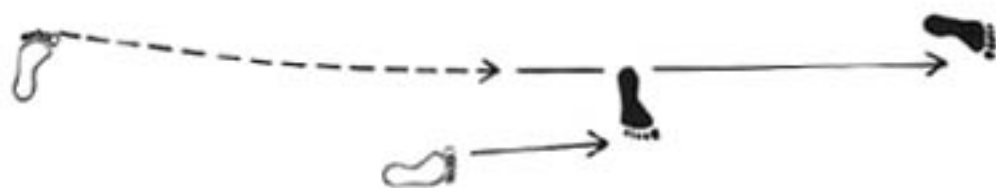
Previous Posture



33. Slide to F, forming a right L-stance toward F while executing a middle punch to F with the left fist.



Right L-stance middle punch to F with the left fist.



Previous Posture



Other View



34. Move the left foot to the side rear of the right foot and the right foot to E, to form a right L-stance toward F, and then jump to E, maintaining a right L-stance toward F while executing a middle guarding block to F with the forearm.



Jumping to E



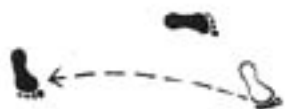
Right L-stance forearm middle guarding block toward F.



Previous Posture



Keep the left heel slightly off the ground.



35. Execute a middle turning kick to DF with the right foot.



**Middle turning kick to DF
with the right foot.**



Application



Front View



Previous Posture



36. Lower the right foot to F, and then execute a middle back piercing kick to F with the left foot.



**Middle back piercing kick to F
with the left foot.**

Previous Posture



Front View



Keep the right heel slightly off the ground.

37. Lower the left foot to F to form a right L-stance toward F while executing a middle guarding block to F with the forearm.



Right L-stance middle guarding block with the forearm toward F.

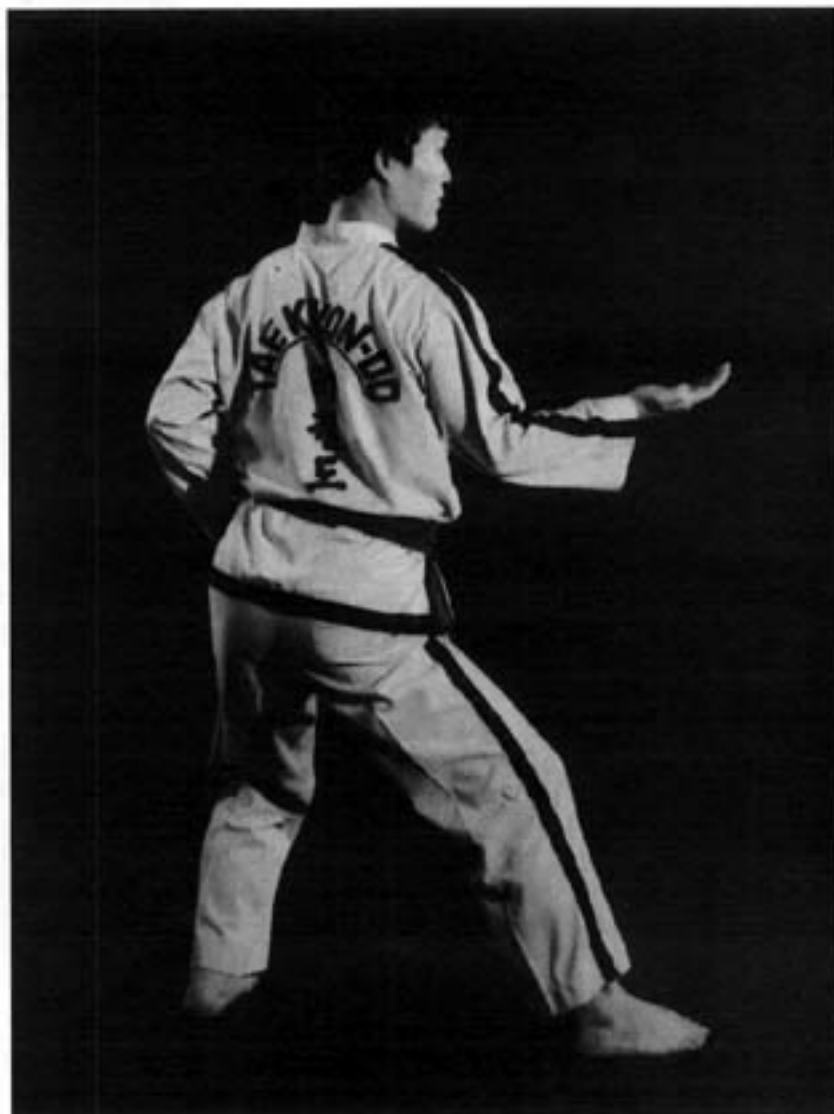
Back View



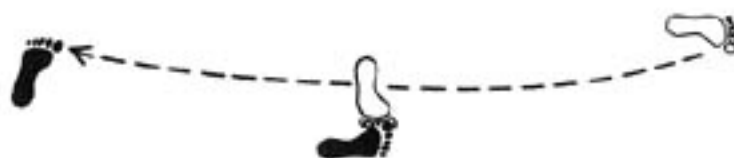
Previous Posture



38. Move the left foot to E, forming a left L-stance toward F while executing an upward block to F with the right palm.



Left L-stance toward F with a left palm upward block.



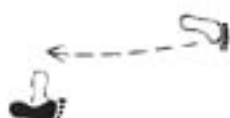
Application



Front View



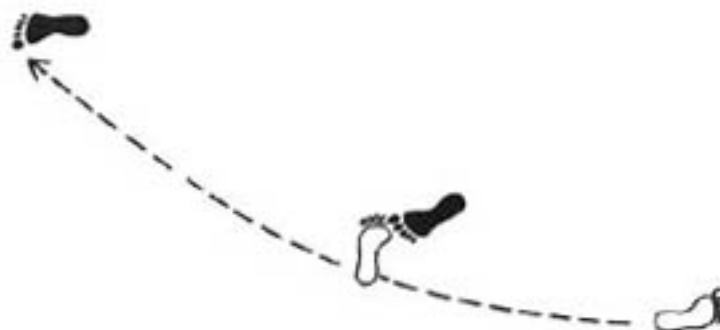
Previous Posture



39. Move the right foot to E, forming a right walking stance toward E while executing a circular block to ED with the left inner forearm.



Right walking stance toward E with a left inner forearm circular block to ED.



Application



Front View



Previous Posture



40. Execute a circular block to DE with the right inner forearm while forming a left walking stance toward DF.

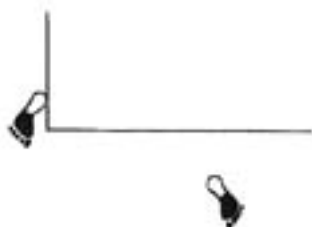


Left walking stance toward DF with a right inner forearm circular block to DE.

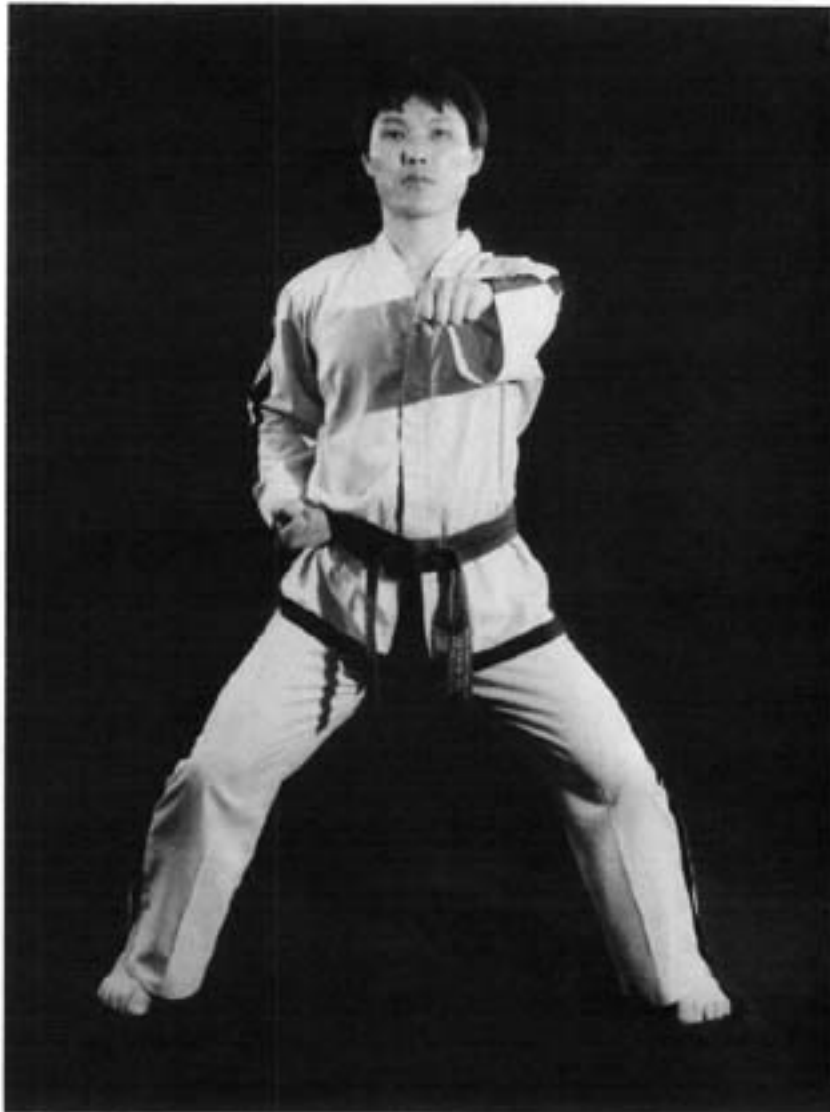
Side View



Previous Posture



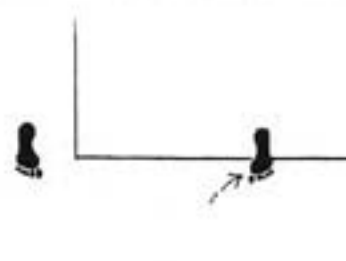
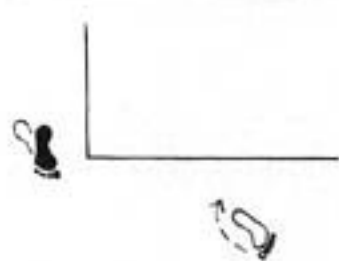
41. Move the left foot on line EF to form a sitting stance toward D while executing a middle punch to D with the left fist.



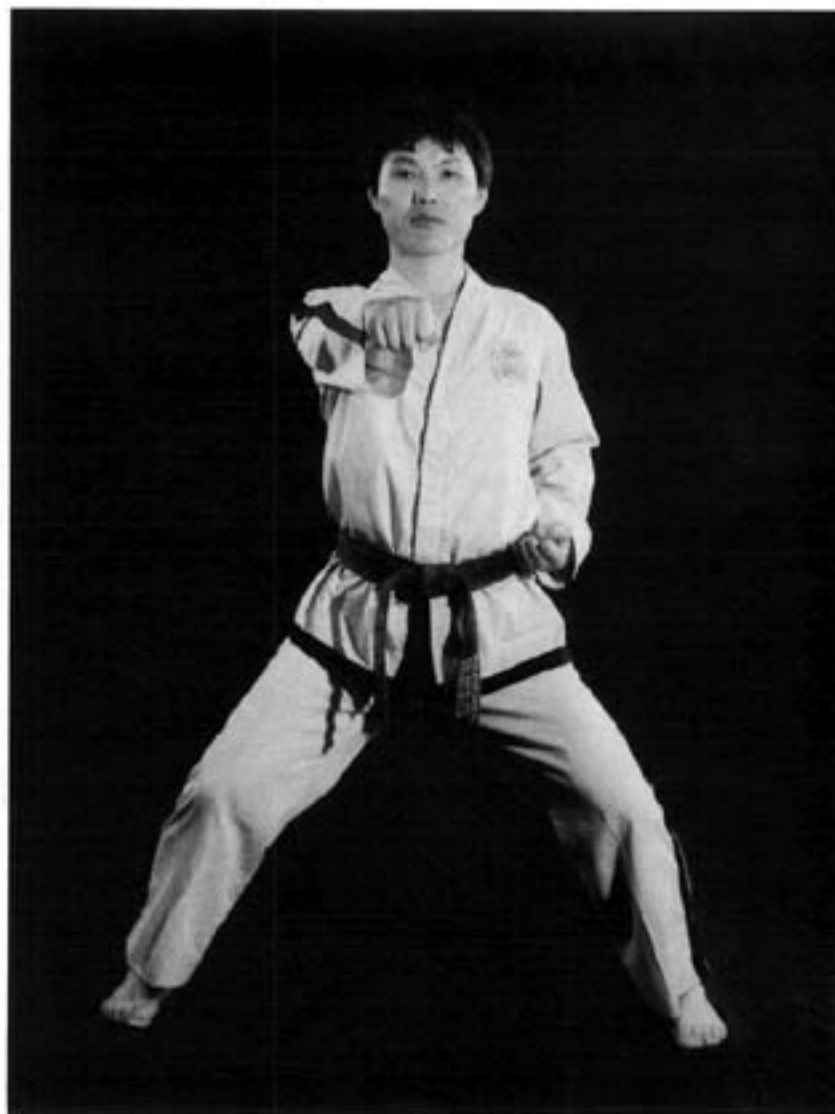
Sitting stance middle punch with the left fist toward D.



Previous Posture



- 42. Execute a middle punch to D with the right fist while maintaining a sitting stance toward D.**



**Sitting stance middle punch
with the right fist toward D.**

Other View



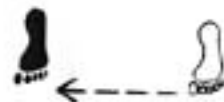
Raise the body slightly.

Previous Posture



Application

END: Bring the left foot back to a ready posture.



Parallel stance toward D.

Top View



Previous Posture



Side View



