


PATTERN DAN-GUN (*Dan-Gun Tul*)

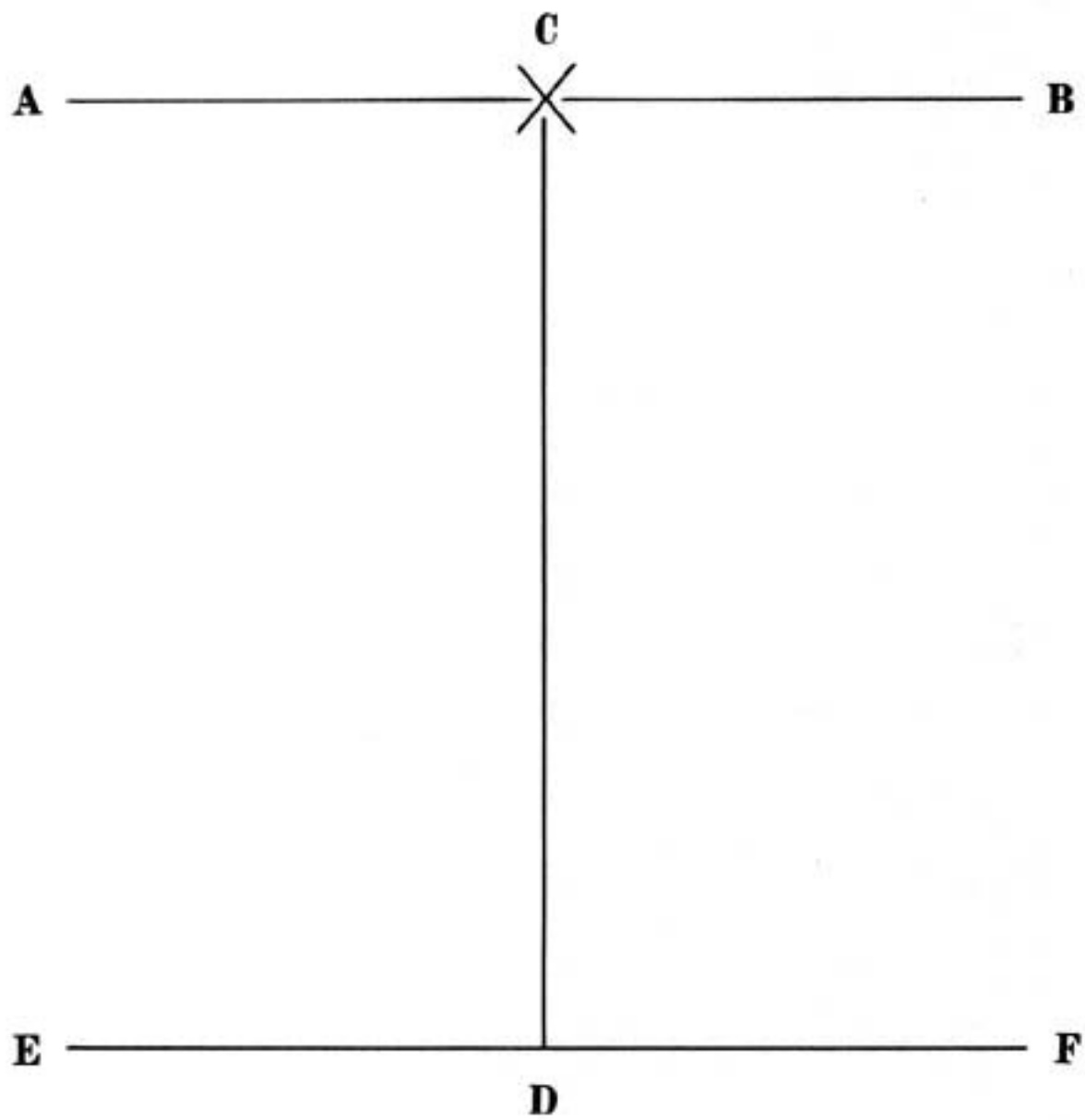
This pattern is practised by the 8th grade holder and above.

DIAGRAM: 

MOVEMENTS: 21

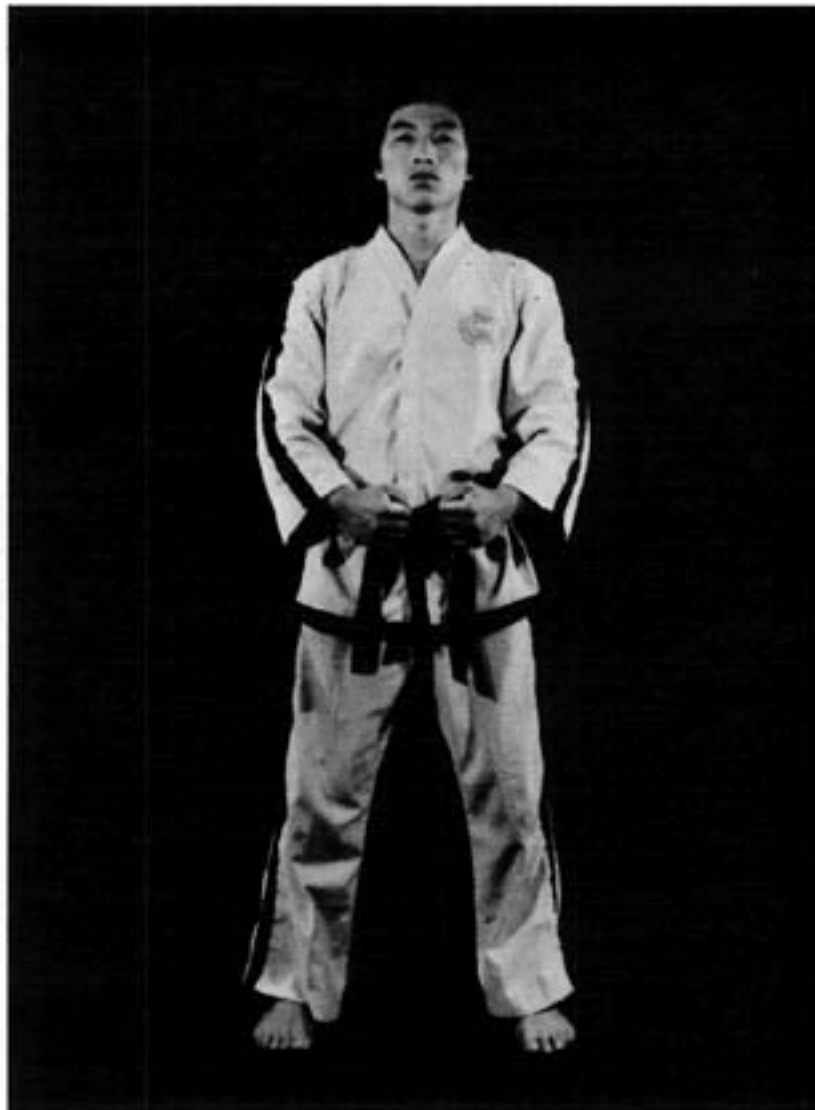
READY POSTURE: PARALLEL READY STANCE

DIAGRAM (*Yon Moo Son*)



Ready Posture (*Junbi Jase*)

Parallel ready stance toward D.



1. Move the left foot to B, forming a right L-stance toward B, at the same time executing a middle guarding block to B with a knife-hand.

Right L-stance middle guarding block with a knife-hand toward B.



Previous Posture



Application

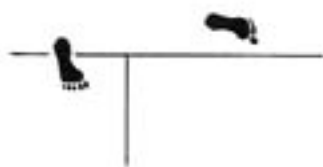
2. Move the right foot to B, forming a right walking stance toward B while executing a high punch to B with the right fist.



Right walking stance
high punch toward B.



Previous Posture



Application



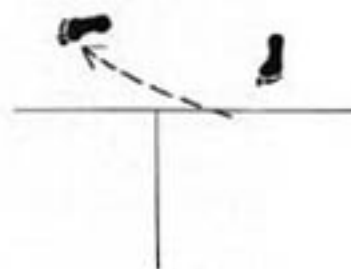
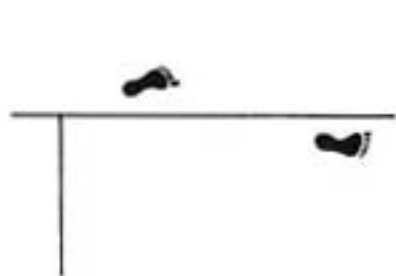
3. Move the right foot to A, turning clockwise to form a left L-stance toward A, at the same time executing a middle guarding block to A with a knife-hand.



Left L-stance middle guarding block with a knife-hand toward A.



Previous Posture



Application

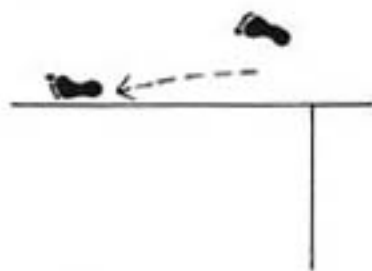
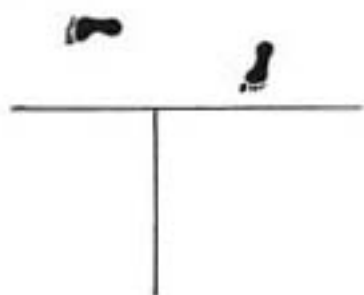
4. Move the left foot to A, forming a left walking stance toward A while executing a high punch to A with the left fist.



Left walking stance high punch toward A.



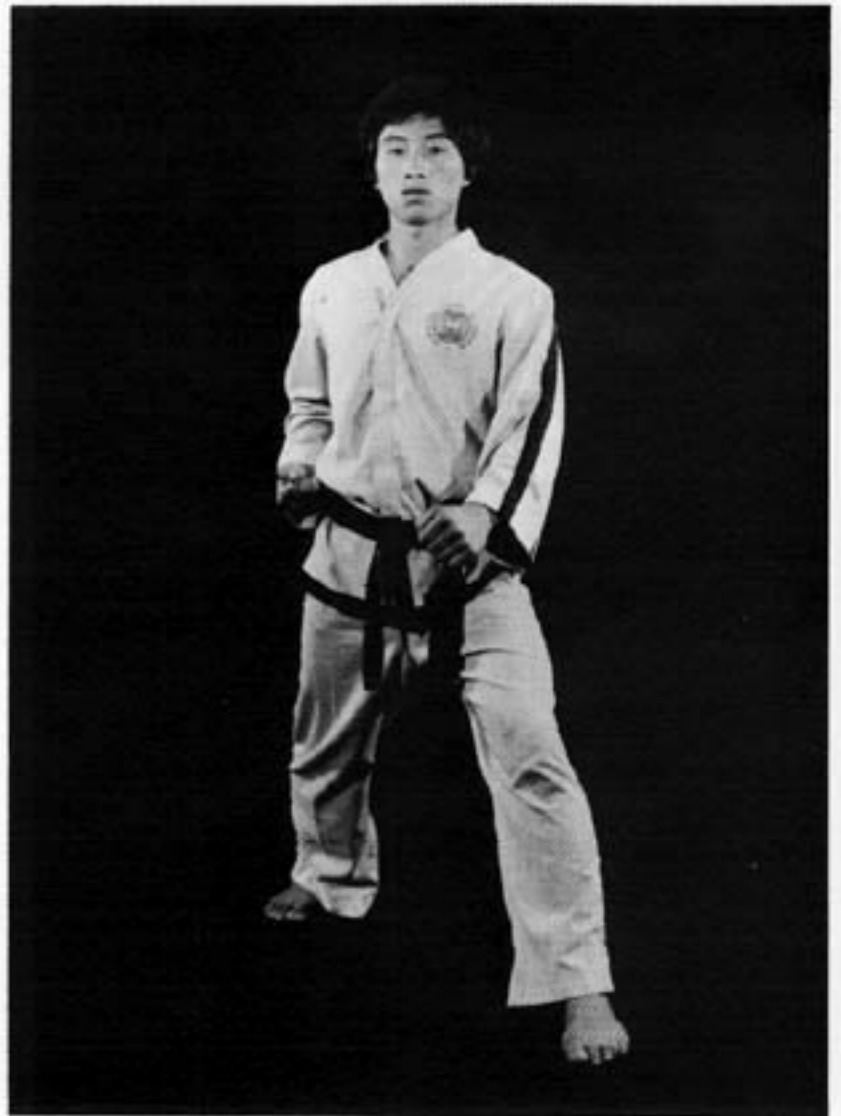
Previous Posture



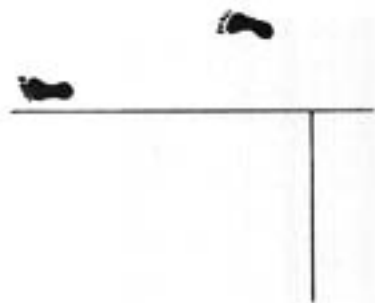
Application.



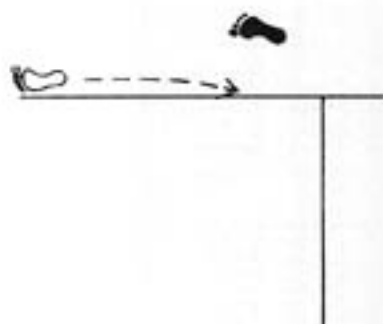
5. Move the left foot to D, forming a left walking stance toward D while executing a low block to D with the left forearm.



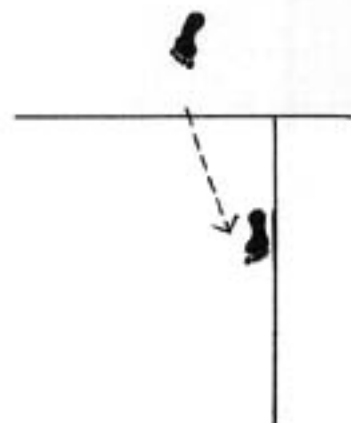
Left walking stance forearm
low block toward D.



Previous Posture



Application

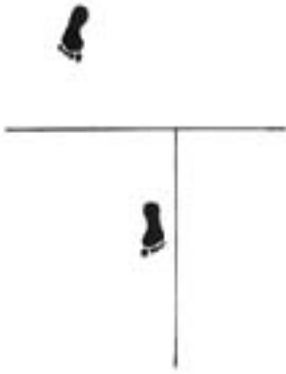


Top View

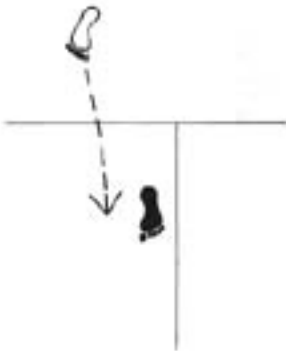
6. Move the right foot to D, forming a right walking stance toward D while executing a high punch to D with the right fist.



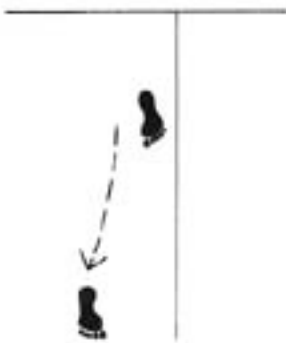
Right walking stance high punch toward D.



Previous Posture



Side View



7. Move the left foot to D, forming a left walking stance toward D, at the same time executing a high punch to D with the left fist.



Left walking stance high punch toward D.



Previous Posture



Application



Side View



8. Move the right foot to D, forming a right walking stance toward D while executing a high punch to D with the right fist.

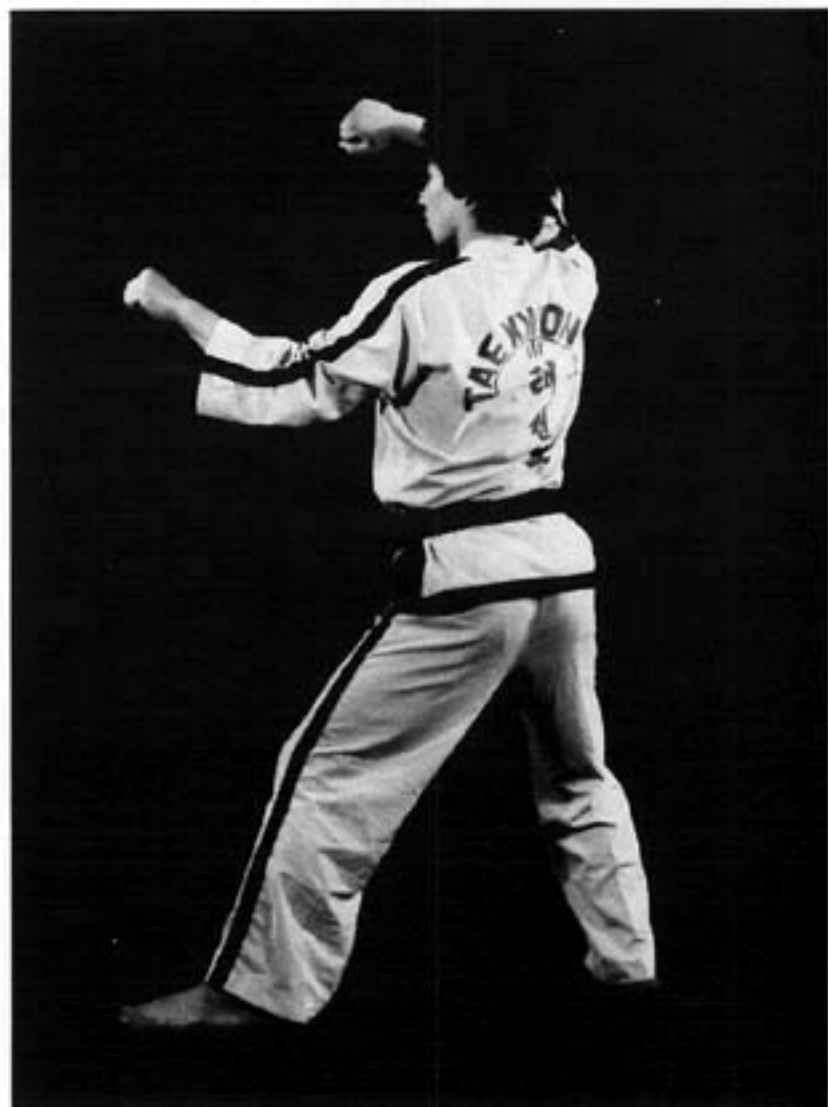


Right walking stance high punch toward D.

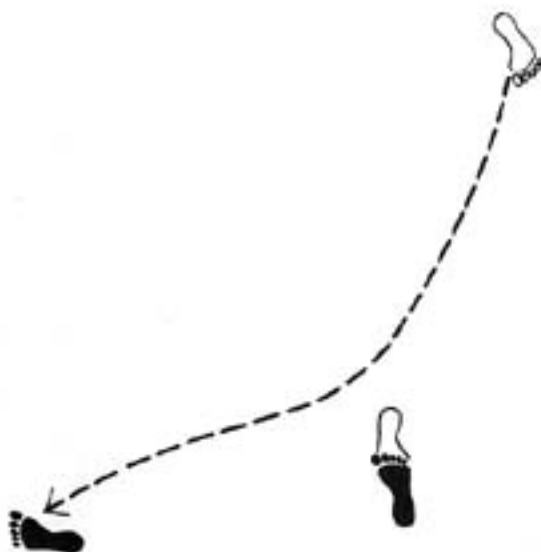
Previous Posture



9. Move the left foot to E, turning counter-clockwise to form a right L-stance toward E while executing a twin forearm block to E.



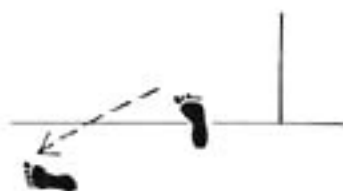
Right L-stance twin forearm block toward E.



Other View



Previous Posture



Application

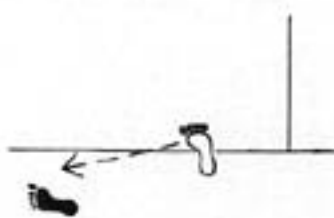
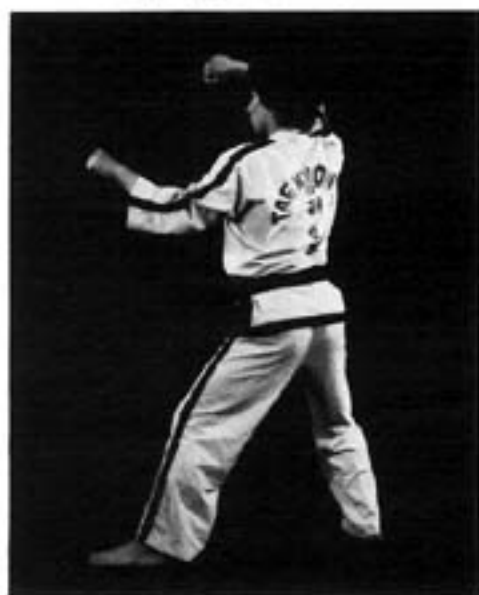


10. Move the right foot to E, forming a right walking stance toward E while executing a high punch to E with the right fist.

Right walking stance high punch toward E.



Previous Posture



Application



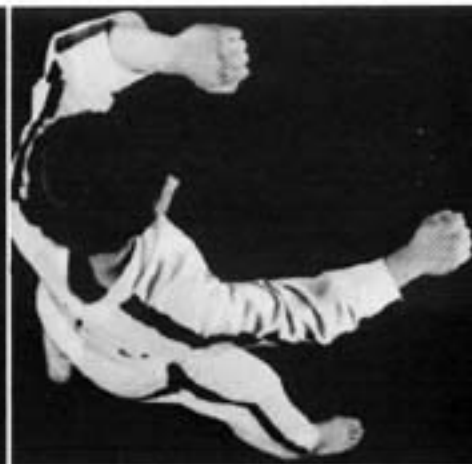
11. Move the right foot to F, turning clockwise to form a left L-stance toward F while executing a twin forearm block.



Left L-stance twin forearm block toward F.



Top View



Previous Posture



Application



Top View

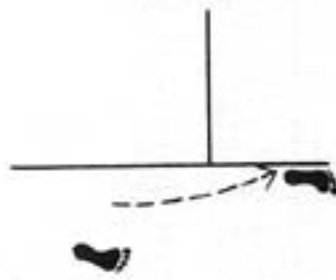
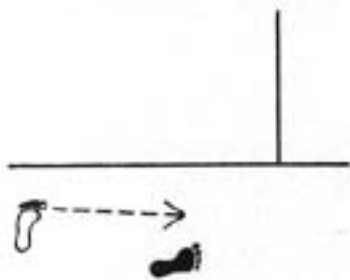
12. Move the left foot to F, forming a left walking stance toward F, at the same time executing a high punch to F with the left fist.



Left walking stance
high punch toward F.



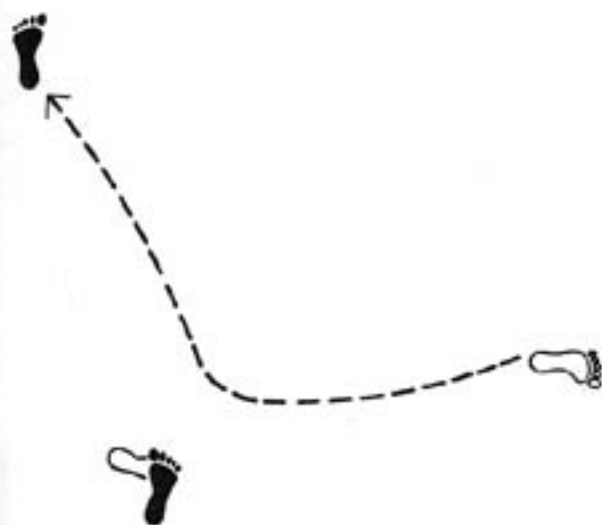
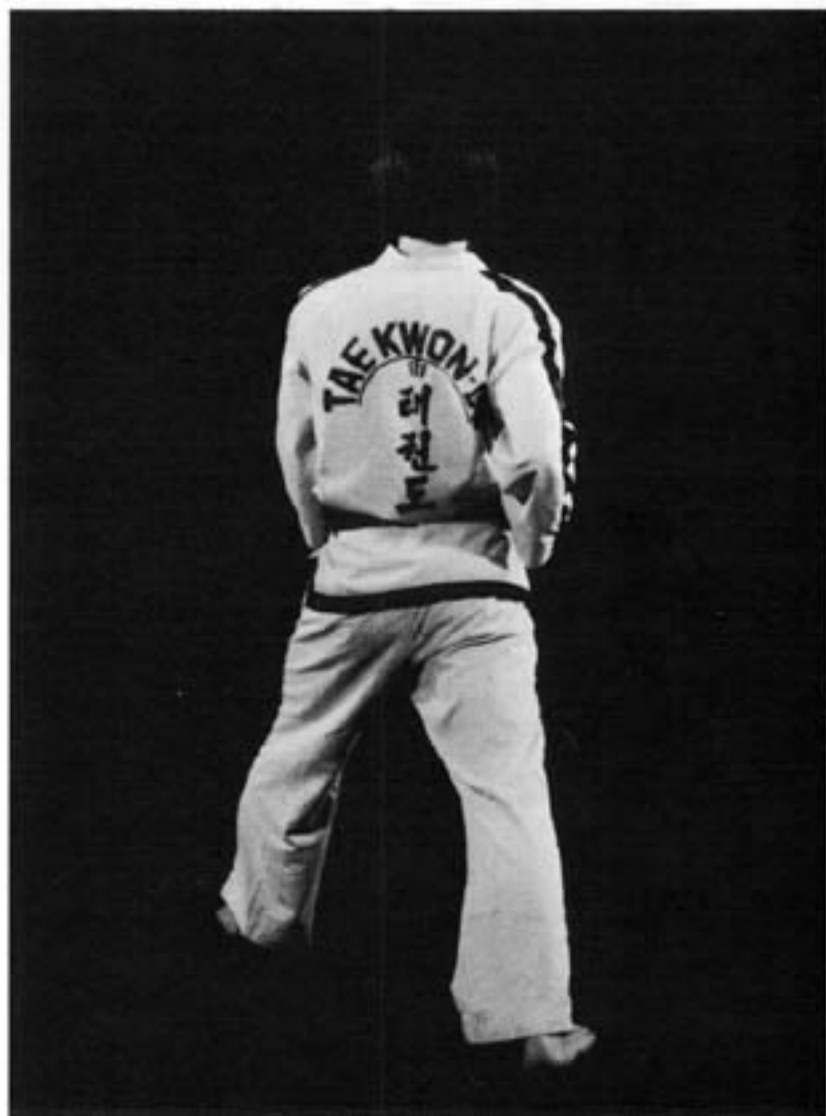
Previous Posture



Application



13. Move the left foot to C, forming a left walking stance toward C while executing a low block to C with the left forearm.



Left walking stance forearm
low block toward C.

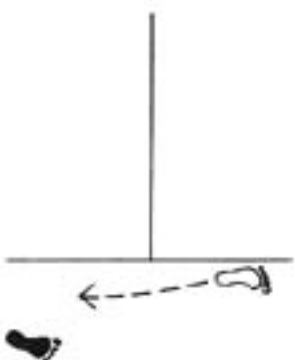
Previous Posture



Application



Top View



Other View



14. Execute a rising block with the left forearm, maintaining the left walking stance toward C. Perform 13 and 14 in a continuous motion.



Left walking stance forearm rising block toward C.



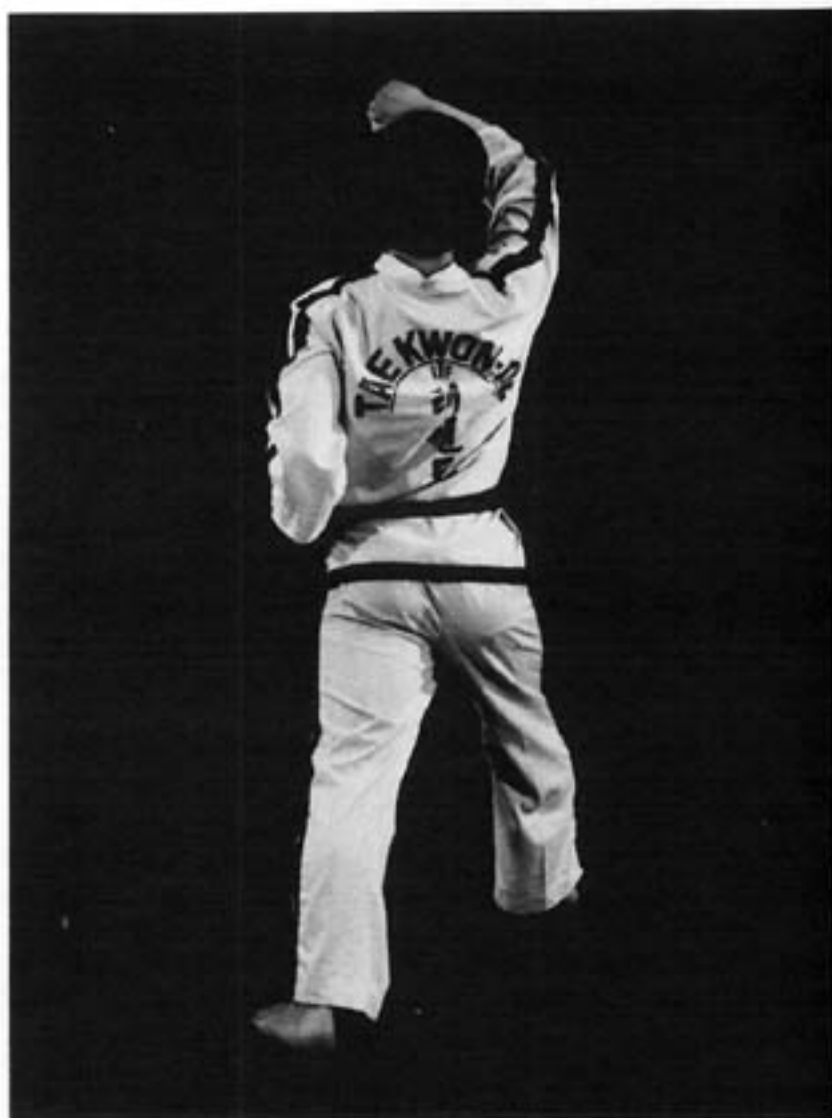
Previous Posture

Keep the right heel slightly off the ground.



Other View

15. Move the right foot to C, forming a right walking stance toward C, at the same time executing a rising block with the right forearm.



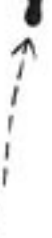
Right walking stance forearm
rising block toward C.



Previous Posture



Other View

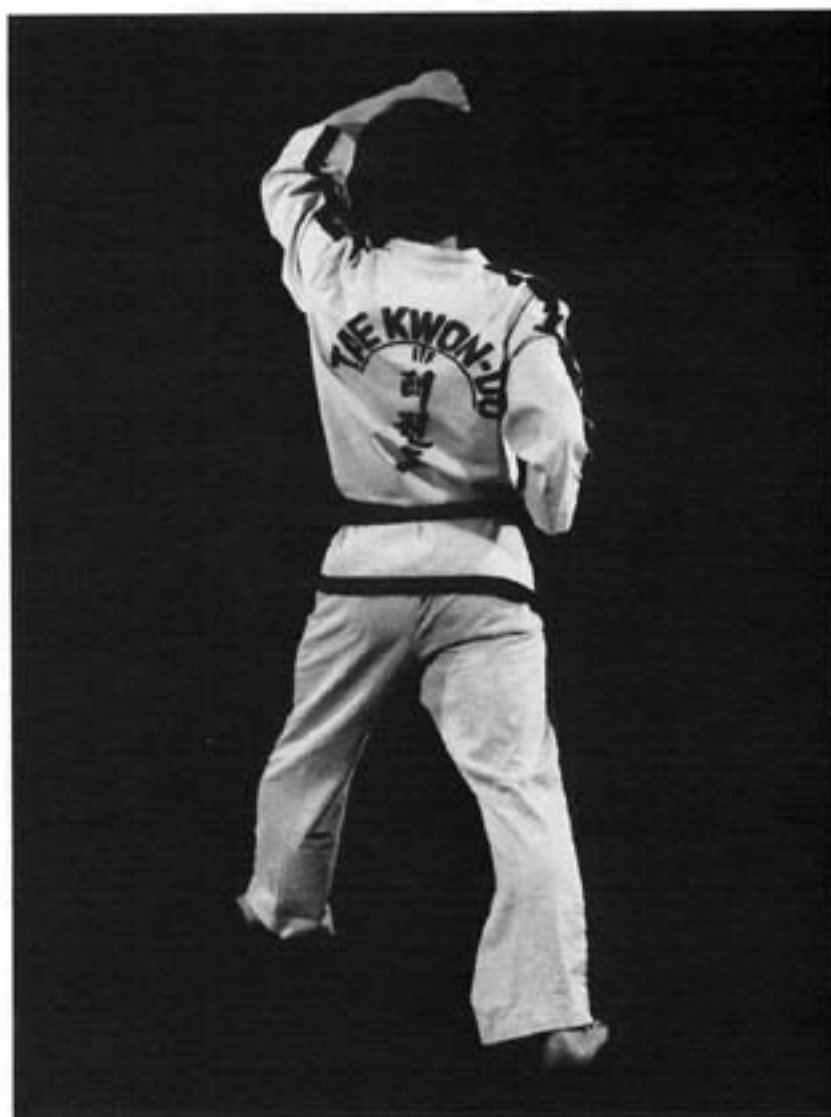


Application



Side View

16. Move the left foot to C, forming a left walking stance toward C while executing a rising block with the left forearm.



Left walking stance forearm
rising block toward C.

Previous Posture



Other View

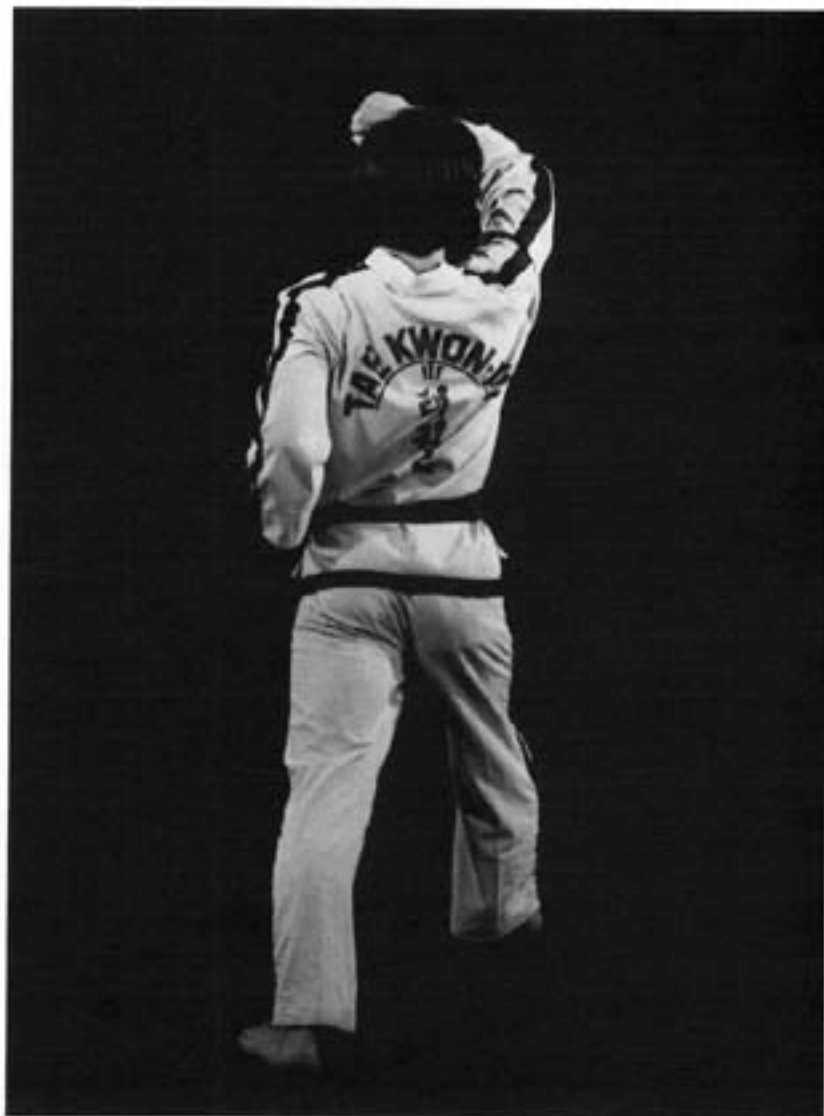


Application



Side View

17. Move the right foot to C, forming a right walking stance toward C, at the same time executing a rising block with the right forearm.



Right walking stance forearm
rising block toward C.

Previous Posture

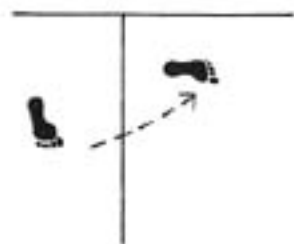
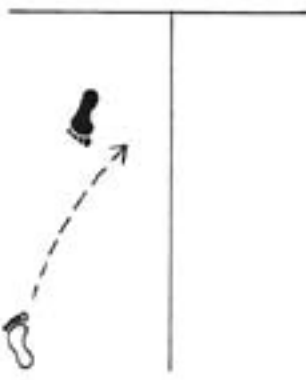


18. Move the left foot to B, turning counter-clockwise to form a right L-stance toward B while executing a middle strike to B with the left knife-hand.



**Right L-stance middle strike
with a knife-hand toward B.**

Previous Posture



Application Side

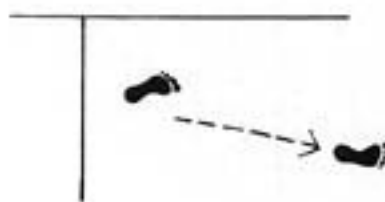
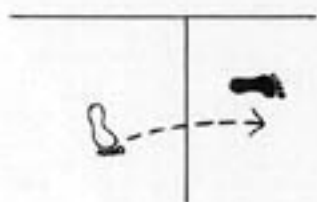
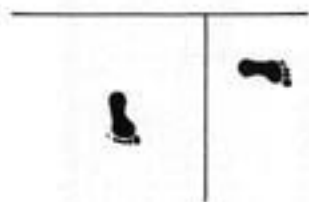


19. Move the right foot to B, forming a right walking stance toward B while executing a high punch to B with the right fist.

Right walking stance middle punch toward B.



Previous Posture

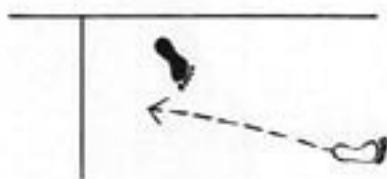


20. Move the right foot to A, turning clockwise to form a left L-stance toward A while executing a middle strike to A with the right knife-hand.

Left L-stance middle side strike with a knife-hand toward A.



Previous Posture



Application



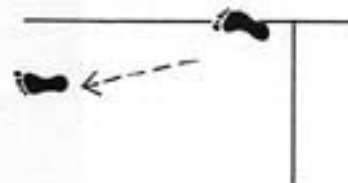
21. Move the left foot to A, forming a left walking stance toward A, at the same time executing a high punch to A with the left foot.



Left walking stance
high punch toward A.



Previous Posture

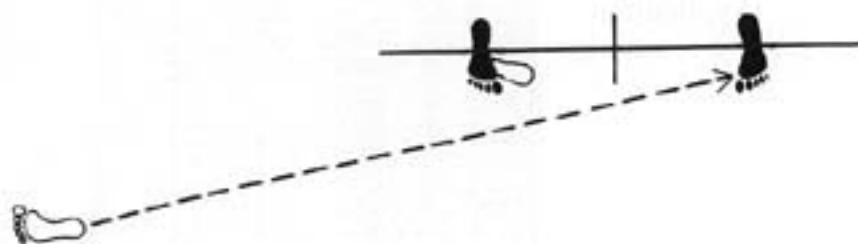
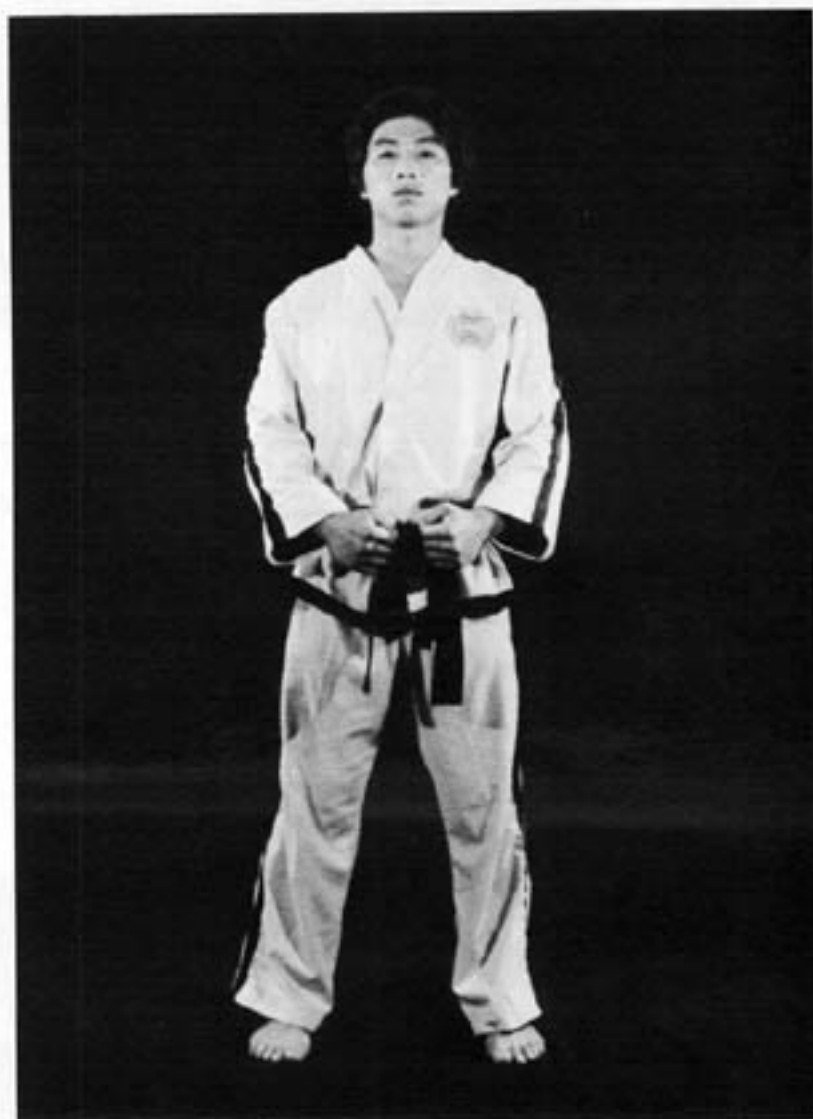


Application



END: Bring the left foot back to a ready posture.

Parallel ready stance toward D.



Previous Posture



Side View

